

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25-049

North East and North Cumbria ICB  
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By Email

30 May 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 8 May 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

I am writing to request the following information under the Freedom of Information Act 2000.

1. In the past five years (or for as many years as records are available post CCG merger) how many requests have been received by your ICB/CCG to fund assessment and/or treatment for dissociation or dissociative disorders with independent (non-NHS, or NHS affiliated) providers, including but not limited to:
  - The Centre for Dissociative Studies (CDS)
  - The Pottergate Centre for Dissociation and Trauma
  - The Complex Trauma and Dissociation Clinic (CTAD)
2. Of these requests, how many were approved for funding?
3. What is the typical cost to the ICB/CCG of:
  - An initial assessment at each of these providers;
  - A course of treatment (e.g. per session, per year, or any other available metric)
4. Does your ICB/CCG have a formal care pathway or policy for the assessment and/or treatment of dissociative disorders in your locality?
5. Are there any planned changes to the commissioning or provision of services for people with dissociative disorders (e.g. new services, contract reviews, funding changes)?

If the data is held in a format more easily provided by provider, year, or other grouping, I am happy to receive it in that form. If part of this request would exceed the cost/time limits, I would be grateful for advice on how it might be refined.

## **Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. NENC ICB has received six requests to fund assessment and/or treatment for dissociation or dissociative disorders with independent providers since the ICB's inception in July 2022.
2. Of these requests, none were approved for funding.
3. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does not hold any of the information requested.
4. Please refer to the response to question 3.
5. Please refer to the response to question 3.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**