

Our Reference North East and North Cumbria ICB\
FOI ICB 25-057

North East and North Cumbria ICB
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By Email

16 June 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 19 May 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am emailing to make a request under the Freedom of Information Act.

I am making a request for a list of services that are alternatives to admission services for children and young people, and which are either in place or planned.

This means, a list of services that act as alternatives to inpatient mental healthcare provision for children and young people. This is including but not exhaustive to intensive home treatment, in reach outreach services, crisis and respite houses, and day services.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

County Durham place

Services within County Durham are:

- Crisis home treatment team

- Psychiatric Liaison
- Rapid Response CYP team which is an integrated NHS and council team to support complex young people predominantly those with experience of looked after system in County Durham

Newcastle Gateshead place

Services within Newcastle Gateshead are:

- ICTS (Children and Young People's Intensive Community Treatment Service) Gateshead and Newcastle):
 - Provides intensive home-based treatment for children and young people with complex mental health needs
 - Provides urgent assessments for self-harm and acute mental health presentations.
 - Plays essential role in pre-admission pathway and early discharge for all young people admitted to hospital
 - More information is available at <https://www.cntw.nhs.uk/services/icts-children-young-peoples-intensive-community-treatment-service-gateshead-newcastle/>
- NENC ICB have provided funding to Gateshead Council to launch a pilot 2 year 'Rapid Response' Service which will provide intensive family support for children and young people at risk of acute admission due to their mental health. The council are currently mobilising this service, and it is expected to launch in 2025.

North Cumbria place

Services within North Cumbria are:

- Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW): CAMHS crisis service
- CNTW: Community Eating Disorder Service
- Barnardo's My Time/Mental Health in Schools/Link Workers
- Kooth: Telephone support
- Carlisle and Eden Mind: Lighthouse service (16+)
- Safety Net
- Crisis Text Services
- Hope Haven is developing in the (Copeland).
- Also, I have included organisations that work alongside CAMHs in providing support, to avoid children getting to a point where they need an inpatient admission rather than be an alternative. Just wanted to check this was correct.

Northumberland and North Tyneside place

There are no services that are alternatives to admission services for children and young people in Northumberland and North Tyneside ICB place.

Sunderland and South Tyneside place

As part of the commissioned services across Sunderland and South Tyneside, we have commissioned getting more help service and getting risk support through CNTW, with the focus on supporting children to remain in the community. This includes a crisis service.

Addition we have commissioned CNTW in both Sunderland and South Tyneside to provide additional support within the cared for pathway aimed at supporting the staff to be able help the child / young person remains in the most appropriate place, and only where appropriate then look at hospital addition. This is very much targeted to children and young people who are in the local authority system as our data shows that they are more likely to be admitted.

In addition, in South Tyneside we have dedicated supported working in the Local Authorities "Market Place" to provide direct support to children and young people.

In South Tyneside we have an all-age autism hub, which is aimed at providing practical support for children / young people to reduce burnout and reduce risk of being unsupported. This is provided through the third sector provider Toby Henderson and AIM.

Tees Valley place

Services within Tees Valley are:

- Mental health crisis, call NHS 111 and select the mental health option (2) available 24 hours a day, seven days a week.
- Intensive Home Treatment as part of the CYP Eating Disorder Service provision
T: 03000 132 000
E: TEWV.tcypceds@nhs.net
- Intensive Home Treatment as part of the Getting More Help/Community CAMHS provision
T:0300 2000 000
E: tewv.stspoc-camhs@nhs.net or tewv.ntspoc-camhs@nhs.net (for South Tees and North Tees Teams respectively)

Please also refer to the Tees, Esk and Wear Valley NHS Foundation Trust (TEWV) website:
[Guide to CAMHS – Tees Esk and Wear Valley NHS Foundation Trust](#)

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**