

Your health information

How your health information can help other people



Made by the Easy Info Team at Skills for People, employing people with a learning disability.



Your health and care records.

Your **health and care records** tell us about your health and the treatment you have had. This helps the NHS to care for you.

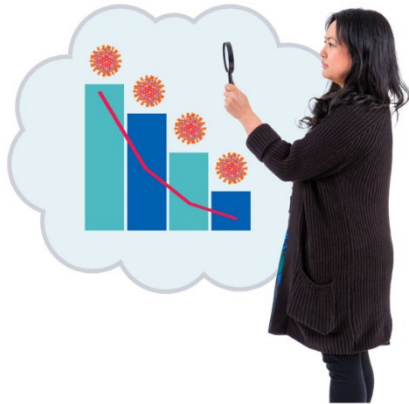


Lots of different places keep your health and care records. Places like doctors, hospitals and social care services.



Your health and care records can help us to make new treatments, medicines and equipment. This can help other people.

People who can look at your health and care records.



A **researcher** is someone that explores things. Researchers can look at your health and care records to find out new things.



They can look at the health and care records of lots of people. This helps them to find out what things can make people feel unwell and what things can help people.



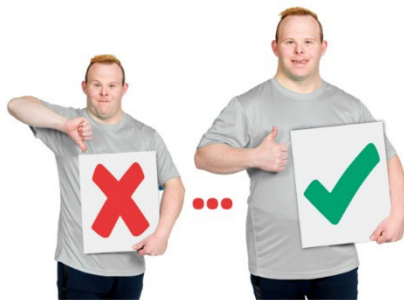
This information can help people to be more healthy now, and in the future.

How people can look at your health and care records.



At the moment a researcher can ask the NHS for information from peoples health and care records.

The information is hard to get and share.



Soon there will be a new way for a researcher to ask to see peoples health and care records.



This will be called a **Secure Data Environment**. This means that your health and care records will be kept safe in the NHS and only some people will be able to see it.



Anyone who wants to see it must:
Work in a place that people trust.
Places like the NHS, a University or
a medicines company.



Have training on how to keep the
information safe.



Work on a project that is legal,
safe and has good standards.



Work on a project that is in the
public interest. This means it will
help lots of people.



Before the researcher can see your information the NHS will make sure that your name is taken out. This means the researcher will not know who you are.



There are lots of good things about this new way of looking at health and care records.

Health and care services can be planned better.



Your information is safer.



People can do more research to help more people.



If you do not want your health and care records to be used.

You can ask us not to use your health and care records in this way. To do this you must send us this information:



12345 ABC



Your NHS number (if you know it).

Your full name.



Your date of birth.



Your gender at birth.



Your address.



Your telephone number (if you want to).



You can send this information by:

Email: necsu.sdeoptout@nhs.net



Phone: 0191 916 9353 (Monday to Friday, 9am to 5pm)

Post a letter to:



Governance Team
North East and North Cumbria
Integrated Care Board
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB



You can find out more information on our website here: [Secure Data Environment for patients and the public | North East and North Cumbria NHS](#)