NHS
North East and North Cumbria

Our Reference North East and North Cumbria ICB\ FOI ICB 26–335

North East and North Cumbria ICB
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By Email

16 October 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 28 September 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request the following information under the Freedom of Information Act 2000:

1. Please list your Right to Choose providers for neurodiversity (ND) (ASD and/or ADHD) services (who have provided a service to at least one patient in your ICB since 1st April 2026), including name of service and the name of provider.
2. Which of these ND providers are paid in accordance with the NHS England ND Tariff guidance. Please detail for all categories e.g. ADHD/ASD, CYP/Adult, F2F/Virtual, Assessment/Titration/ Maintenance, SCA/Non-SCA.
3. Which of these ND providers are not paid in accordance with the NHS England ND Tariffs, which Providers are above or below and for which of the NHS England ND Tariffs and what alternative guidance, if any, that applies.
4. If applicable, please provide the guidance you use for tariffs under your accreditation scheme.
5. If applicable, which accredited ND providers are compliant with, under, or above, the tariffs.

Our Response

1. Right to Choose providers for neurodiversity (ND) (ASD and/or ADHD) services are:

Right to Choose provider	Right to Choose provider
ADHD 360 Ltd	Momenta Connect
ADHD Northwest	Montrose Health Group
Atrom Mindcare Limited	National Neurodiversity Assessment (t/a Speech and Language Therapy West Midlands Limited)
Axia	Neurospectrum Ltd
Berkeley Psychiatrists Ltd	Oakdale Centre CIC
Centre for ADHD/Care ADHD	Optimise Healthcare Group Ltd
Clinical Partners Ltd	Owl Centre Ltd (The)
Evolve Psychology Services Ltd	Paloma / Your Patient Choice Ltd
Harley Mental Health Ltd	Provide Enterprises Ltd
Harrow Health CIC	Psicon Ltd
Healios	Psych-UK Ltd
Healthcare Central London	Quay Health Care
HealthHarmonie/Medinet	Rainbow Diagnostics
Held Health Limited	RTN Medical Ltd
Help 4 Psychology Services Ltd	RTN Mental Health Solutions Ltd
Innovate ADHD	Shropshire Autism Services Ltd (t/a The Autism service)
Insight Diagnostic	Sinclair Strong Consultants
Jajawi & Asker Ltd / Dr J & colleagues	Skylight Psychiatry Ltd
KT Healthcare	Teledoctor Ltd / Problem Shared
Latahzan Ltd	The Aspen Clinic
MentalWell Ltd	The Retreat Clinic
Mind Professionals Limited	Well Life
Modality LLP	Xyla

2. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested
3. Please refer to the response to question 2.
4. As at 29/09/2026, accredited providers operate to a locally designed tariff based on West Yorkshire ICB's specification and tariff. This is detailed in the table below:

   In addition, and in accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contact for West Yorkshire ICB: wyicb.foi@nhs.net

Assessment Tariffs		
Assessment Type	Tariff	Notes
6yrs-17yrs Autism only Assessment	£1,200	All assessment tariffs are comprised of a two part-assessment: Part One - History Taking, Part Two - Clinical Diagnostic, which may be undertaken at the same time. Each part constitutes 50% of the total tariff. For reassessments, only Part Two will be payable.
18+ Autism only Assessment	£1,000	
6yrs-17yrs ADHD only Assessment	£1,100	
18+ ADHD only Assessment	£950	
6rs-17yrs dual/ combined Autism/ ADHD Assessment	£1,500	

18+ dual/combined Autism/ ADHD Assessment	£1,200		
Medication Tariffs			
Assessment	Time	Comprising	Tariff
1) Initial assessment which includes baseline physical health checks to determine suitability for treatment – any/ all ages Plus: Initiation, titration, monitoring and prescribing – any /all ages	30 mins clinical time 30 mins support time		£400
2) Annual review – mandatory by provider when there is shared care with GP – any/ all ages and the tariff is for a year of care.			£150
3a) CYP under 10 years IF NO SHARED CARE IN PLACE Physical health monitoring in line with NENC Shared Care Guidelines plus monthly prescriptions. Includes annual review per NICE Guidelines/ NENC ICB spec. and an administrative cost for paper-based prescription.	15mins clinical time plus 15 mins admin time (physical health monitoring reviews); 12-13 rxs prescriptions, one annual review, minimum one 6m safety check (3-6 monthly in line with amber guidance)	£121.62 NENC GP Shared Care Tariff £150 Annual Review £100 Admin cost for paper-based prescription	£271.62 (£371.62 where providers have paper-based prescribing, to cover costs)
3b) CYP over 10 years and adults IF NO SHARED CARE IN PLACE Physical health monitoring in line with NENC Shared Care Guidelines plus monthly prescriptions. Includes annual review per NICE Guidelines/NENC ICB spec. and an administrative cost for paper-based prescription.	15mins clinical time plus 15 mins admin time (physical health monitoring reviews); 12-13 rxs prescriptions, one annual review, one 6m safety check	£65.86 NENC GP Shared Care Tariff £150 Annual Review £100 Admin Cost for paper-based prescription	£215.86 (£315.96 where providers have paper-based prescribing, to cover costs)

Notes

- All charges to be made on completion of the activity (assessment or review).
- Titration, physical health monitoring, prescribing and review – this is a once only annual tariff to cover all aspects activity set out.
- If a provider is accredited NENC ICB will agree an indicative activity plan (IAP). The IAP will reflect an activity planning assumption (APA) of a 12-week average minimum waiting standard, measured using the national median waiting time standard. Providers will therefore be expected to tailor their operational delivery to meet this requirement.

- Tariffs are as above **unless** clinically indicated otherwise - to be checked and agreed by provider with ICB in advance on case-by-case basis
- No DNA tariff/fee in proposed tariffs

5. Please refer to the response to question 4.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website https://northeastnorthcumbria.nhs.uk/.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, 4th Floor, No. 3 Circle Square, 5 Hawkshaw Street, Manchester, M1 7BL or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board