

Our Reference North East and North Cumbria ICB\
FOI ICB 26–153

North East and North Cumbria ICB
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By Email

29 July 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 10 July 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Please can you provide recorded information held which includes approximate timescales for how long ADHD titration will be paused for patients currently on the ADHD right to choose pathway.

Please also provide any recorded information which confirms this decision, and any rational for this, by the ICB. Should this exceed the appropriate limit, please limit this search to meeting minutes and/or board papers.

Our Response

On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

The North East and North Cumbria Integrated Care Board has not made a decision that ADHD medication titration should be paused or slowed for patients accessing assessment and treatment through the Right to Choose pathway.

Consequently, the ICB does not hold recorded information setting out:

- an agreed period or approximate timescale for such a pause;
- an ICB decision confirming that titration will be paused or slowed; or
- an ICB rationale for such a decision.

The availability and timescale for medication titration may vary between individual Right to Choose providers according to their service capacity, clinical arrangements and the scope of the service they offer. Any provider-specific pause or delay would not constitute a decision made by the ICB. Queries about the current position for a particular provider would therefore need to be directed to that provider.

No relevant ICB meeting minutes or Board papers have been identified because no such ICB decision has been made.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**