NHS
North East and North Cumbria

Our Reference North East and North Cumbria ICB\ FOI ICB 26–316

North East and North Cumbria ICB
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By Email

25 September 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 22 September 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request information under the Freedom of Information Act regarding OAP Spend, CMHT and Provider Collaboratives. Please can you complete the below questions:

Out of Area Placement

1. Please provide a quarterly breakdown of expenditure on mental health out of area placements* for financial years 2024/25 and 2025/26 in the table below:

Financial Year	No of Total OAP Patients	Total OAP Spend (£)	OAP spend (£) specifically for inappropriate OAP adults no longer requiring a secure location
Quarter 1 (25/26)			
Quarter 2 (25/26)			
Quarter 3 (25/26)			
Quarter 4 (25/26)			
Full Year 2025/26			
Quarter 1 (24/25)			
Quarter 2 (24/25)			
Quarter 3 (24/25)			

Quarter 4 (24/25)			
Full year 2024/25			

2. What percentage of your overall mental health budget did these out of area placements represent in 2025/26?
3. Does the organisation use a system to track their OAPs?
   a. If yes, what system is in place to track this?
   b. Is the organisation able to track escalations with OAP providers same day or are you required to wait till billing for this data?
   c. Who is responsible within the organisation for tracking OAP patients?

CMHT Caseload

4. How many Community Mental Health teams (CMHT) do you have within the organisation?
5. What is the current total caseload managed by each Community Mental Health Team (CMHT) within your organisation?
6. What is the highest individual caseload currently held by a practitioner within each CMHT?

Provider Collaboratives

7. Is your organisation currently a member of one or more provider collaboratives? If yes, please provide:
   a. The name(s) of the provider collaboratives
   b. Do any of these collaboratives have a specific focus on mental health services, specifically OAPs?

**An NHS Out of Area Placement (OAP) occurs when a patient with assessed mental health, learning disability, or autism needs is admitted to an inpatient unit outside their usual local network of services*

Our Response

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

   In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT	tewv.foi@nhs.net

2. Please refer to the response to question 1.
3. Please refer to the response to question 1.
4. Please refer to the response to question 1.
5. Please refer to the response to question 1.
6. NENC ICB is not part of a provider collaborative. However, in accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting

information, we have provided the link to the North East and North Cumbria provider collaborative website: Home: NENC Providers.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website https://northeastnorthcumbria.nhs.uk/.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board