



# North East and North Cumbria

Our Reference HM\North East and North  
Cumbria ICB\FOI ICB751

NECS – John Snow House  
Durham University Science Park  
Durham  
DH1 3YG

Tel: 0191 301 1300  
E-mail: [necsu.icbfoi@nhs.net](mailto:necsu.icbfoi@nhs.net)

08 February 2024

Applicant  
By Email

Dear Applicant

## **Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 06 February 2024 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland, and Stockton-on-Tees).

### **Your Request**

Do you have a Trust-wide obesity and weight management strategy? If so, how is this implemented (for example, through delivery of Tier 3 obesity services of the NHS Tiered Care Weight Management Pathway)?

Details of staff training to deliver these strategies.

Details of any current training for clinical staff in the area of weight discrimination, weight stigma, weight bias and/or obesity awareness.

The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned in the period 1<sup>st</sup> January 2014 to 31<sup>st</sup> December 2023.

Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'.

### **Our Response**

NENC ICB are starting to work on an obesity and weight management strategy, however there is no document to share at the present time. We are not the holders of the information to answer any of the other questions, please redirect your request to the local foundation trusts within the area: -

<b>NENC Acute Hospital FTs</b>	<b>Email</b>
County Durham & Darlington NHS FT	<a href="mailto:cdda-tr.cddftfoi@nhs.net">cdda-tr.cddftfoi@nhs.net</a>
Gateshead Health NHS FT	<a href="mailto:ghnt.foi.enquiries@nhs.net">ghnt.foi.enquiries@nhs.net</a>
North Cumbria Integrated Care NHS FT	<a href="mailto:foirequest@cumbria.nhs.uk">foirequest@cumbria.nhs.uk</a>
North Tees & Hartlepool NHS FT	<a href="mailto:foi@nth.nhs.uk">foi@nth.nhs.uk</a>
Northumbria Healthcare NHS FT	<a href="mailto:foi@northumbria.nhs.uk">foi@northumbria.nhs.uk</a>
South Tees Hospitals NHS FT	<a href="mailto:foi@stees.nhs.uk">foi@stees.nhs.uk</a>
South Tyneside and Sunderland NHS FT	<a href="mailto:stsft.freedomofinformation@nhs.net">stsft.freedomofinformation@nhs.net</a>
The Newcastle Upon Tyne Hospitals NHS FT	<a href="mailto:nuth.freedom.information@nhs.net">nuth.freedom.information@nhs.net</a>

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. A version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.org.uk](http://www.ico.org.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*Hilary Murphy*

**Hilary Murphy**  
**Information Governance Officer**