

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25-385

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By Email

13 January 2026

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 18 December 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

I am writing to request information relating to the commissioning and contracting of NHS Talking Therapies services in your area. Please provide the following information for the period 1 January 2018 to present (or the period for which data is held) for NHS Talking Therapies services commissioned within your footprint, including services commissioned at place level. Where the information is held by a place-based commissioning team, CSU, or another NHS body on your behalf, please either provide the information or advise which organisation holds it.

1. The name(s) of the current provider(s) of NHS Talking Therapies services.
2. The name(s) of any previous provider(s), if different.
3. Contract start and end dates, including details of any extensions and whether they have been exercised.
4. Contract value (annual and total value, where available).
5. The procurement route(s) used (e.g., open competitive tender, direct award, framework call-off). Whether the service is commissioned as a standalone contract, or part of a wider mental health / block contract (and if so, the contract reference).
6. Any known plans or timelines for re-procurement, consolidation, or integration into wider mental health contracts.
7. Where available, a copy of the current service specification and a list of headline KPIs or outcome measures used in contract performance monitoring.

8. A list of Freedom of Information requests received since 1 January 2022 relating to NHS Talking Therapies services, including the FOI reference number, date received, brief description, and whether a response was issued (with a copy or link where available).

Preferred format: I would be grateful to receive the information electronically by email (PDF or spreadsheet).

## Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Current providers, by ICB place are:

ICB place	Lead Provider
County Durham and Darlington	Tees, Esk and Wear Valley NHS Foundation Trust (TEWV) for County Durham and Darlington.
Gateshead	South Tyneside and Sunderland NHS Foundation Trust (FT)
Newcastle	Vita Health Group
North Cumbria	Cumbria, Northumberland, Tyne and Wear NHS FT(CNTW)
North Tyneside	Northumbria Healthcare NHS Foundation Trust
Northumberland	Cumbria, Northumberland, Tyne and Wear NHS FT(CNTW)
South Tyneside	South Tyneside and Sunderland NHS Foundation Trust
Sunderland	Cumbria, Northumberland, Tyne and Wear NHS FT (CNTW)
Tees Valley	Alliance Psychological Services

2. NENC ICB has had no previous providers of these services.
3. Contract start, end and extension dates:

ICB place	Contract start end and extension dates
County Durham and Darlington	TEWV Talking Therapies service is part of the overarching block contract between NENC ICB and the Trust; the contract term is the same: 01/04/24 to 31/03/27, with an option to extend for two years.
Gateshead	01/04/23 to 31/03/26 (renewed yearly)
Newcastle	01/08/22 to 31/07/25. Option to extend for two years enacted 01/08/25.
North Cumbria	Part of the overarching block contract between NENC ICB and the Trust with the same contract term 01/04/24 to 31/03/27 with an option to extend for two years.
North Tyneside	Part of the overarching block contract between NENC ICB and the Trust with the same contract term 101/04/24 to 31/03/27 with an option to extend for two years.
Northumberland	01/09/21 to 31/08/24, option to extend for one-year enacted 01/09/24 to 31/08/25. 01/09/25 to 31/08/26 with option to extend for one year.
South Tyneside	01/04/23 to 31/03/26 (renewed yearly)
Sunderland	Part of the overarching block contract between NENC ICB and the Trust with the same contract term 01/04/24 to 31/03/27 with an option to extend for two years.
Tees Valley	Contract dates 01/04/20 to 31/03/25. Two-year contract optional extension enacted as from 01/04/25 to 31/03/27.

4. The Talking Therapies service is part of the overarching block contract between NENC ICB and trusts, therefore cannot be disaggregated. The Alliance Psychological Services contract value is £8,441,585. The contract value for Vita Health is £5247.
5. In County Durham and Darlington, the service is commissioned as a part of a block contract. In Tees Valley, the initial contract was awarded as part of a competitive tender and the contract is a stand-alone contract. The service is part of a wider contract for North Tyneside, Gateshead, Sunderland and North Cumbria and is a standalone contract for Northumberland, Newcastle, Gateshead and South Tyneside.

Contract references are:

Northumberland QHM-2025-19905  
 North Tyneside QHM Northumbria\_MSK,MC.1617.02  
 Sunderland QHM-2024-7212  
 South Tyneside QHM-2025-7318  
 Gateshead QHM-2025-8334  
 North Cumbria QHM-2024-7543  
 TEWV: QHM-2024-3194

6. There are no plans or timelines for re-procurement, consolidation, or integration into wider mental health contracts.
7. Service specifications are attached and include KPIs and/or outcome measures.
8. Please find the information detailed in the table below. Freedom of information responses provided in 2025/26 are detailed on the ICB's disclosure log and the links are below. Responses to earlier FOIs are attached.

The ICB's inception was 1 July 2022 and on that basis no information is held for the period 1 January 2022 to 30 June 2025.

FOI reference	Detail	Response issued	Response (attached/link)
FOI ICB 450	Information regarding the Pulmonary Rehabilitation and Talking Therapy services	18/07/23	Attached
FOI ICB 505	Contract end date for commissioned services of NHS Talking Therapies or IAPT	07/09/23	Attached
FOI ICB 755	Information regarding the ICB's Talking Therapies / IAPT Service	12/02/24	Attached
FOI ICB 25-108	Information regarding the ICB's Talking Therapies service.	14/07/25	<a href="#">foi-icb-25-108-response-letter.pdf</a>
FOI ICB 25-283	Testing and Implementation of outcome-based payment approach to NHS Talking Therapies	29/10/25	<a href="#">foi-icb-25-283-response-letter.pdf</a>

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer**  
**North East and North Cumbria Integrated Care Board**