

Our Reference North East and North Cumbria ICB\
FOI ICB 25–467

North East and North Cumbria ICB
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By Email

17 February 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 13 February 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000, I am requesting information on all policies, governance documents, and guidance that describe how NENC ICB safeguarding and clinical governance framework ensures safe, accessible care for adults with complex dissociative disorders (including Dissociative Identity Disorder and Other Specified Dissociative Disorder), including how risk, capacity, and participation in decision making are managed in line with the Mental Capacity Act 2005, Equality Act 2010, and Care Act 2014.

If no documents explicitly mention dissociative disorders, please provide:

1. Any documents that address safeguarding and access for adults with complex trauma, severe or enduring mental health conditions, or 'adults at risk' whose presentation includes dissociation; and
2. Any equality impact assessments or similar analyses that consider this group.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is publicly available on the ICB's website. All

NENC ICB policies can be accessed via the link: [Policies | North East and North Cumbria NHS](#). Links to specific policies are shown below:

- ICBP043 Safeguarding Adults Policy: [Safeguarding Adults Policy](#)
- ICBP044 Mental Capacity Act 2005 (MCA) & Deprivation of Liberty Safeguards (DOLS) Policy: [MCA and DoLs Policy](#)
- ICBP047 Safeguarding Adults and Children Supervision Policy: [Adults and children safeguarding supervision policy](#)
- The Clinical Effectiveness and Governance (CEG) Subcommittee Terms of Reference may also be of interest: [doc-30-clinical-effectiveness-and-governance-subcommittee-tor-v20.docx](#)

NENC ICB does not hold specific policies for those with dissociative disorder. All the policies referenced above include an equality impact assessment.

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**