

Our Reference North East and North Cumbria ICB\
FOI ICB 26-144

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 535 4288
E-mail: nencicb.foi@nhs.net

By Email

7 July 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 24 June 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to make a request for further information under the Freedom of Information Act 2000 in relation to my request (ref FOI ICB 26-066). Please provide the following:

1. A copy of the current block contract service specification held between North East and North Cumbria ICB and Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV), specifically the sections defining the scope of in-scope clinical conditions and treatments, and when the contract came into effect or amendments made.
2. Confirmation of whether Dissociative Identity Disorder (DID) is explicitly listed as an in-scope condition within that contract.
3. The number of IFR (Individual Funding Request) applications for DID and/or C-PTSD that have been presented to NENC ICB's IFR panel between 1 July 2022 and 1 May 2026.
4. For any IFR applications for DID/C-PTSD, confirmation of whether those cases were formally refused at panel, redirected prior to panel, or returned to the referring clinician without a panel decision — broken down by each category and year (1 July 2022 to 1 May 2026).

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

1. Please find a copy of the current block contract service specification held between NENC ICB and TEWV.
2. Dissociative Identity Disorder (DID) is not explicitly listed as an in-scope condition within that contract.
3. IFR applications for DID and/or C-PTSD presented to NENC ICB's IFR panel between 1 July 2022 and 1 May 2026:

Financial year	IFR applications presented	IFR applications declined
2022/23	1	1
2023/24	2	2
2024/25	6	6
2025/26	1	1

4. Please refer to the table above.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**