

Our Reference North East and North Cumbria ICB\
FOI ICB 26-044

North East and North Cumbria ICB
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By Email

13 May 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 30 April 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Please provide the following information in relation to neurodevelopmental services (Autism and ADHD) commissioned or funded by your Integrated Care Board:

1. Independent Sector Provision

Please provide a list of all independent providers currently:

- contracted,
- accredited, or
- otherwise delivering services (including on a non-contracted or ad hoc basis). Any provider that invoiced for activity in March 2026 to undertake Autism and/or ADHD assessments on behalf of the ICB.

2. Indicative Activity Plan (IAP) Allocation

- a. Please provide a list of providers and the total Indicative Activity Plan (IAP) allocation assigned to each provider for the 2026/27 financial year.
- b. For each provider, please provide a breakdown of the IAP allocation, where available, including:
 - Autism assessments
 - ADHD assessments

- ADHD medication initiation, titration, and review services
- c. Where possible, please further distinguish the above activity by:
- Adults
 - Children and Young People (CYP)

Please let me know if any clarification is required. I look forward to your response within 20 working days, in line with the Freedom of Information Act 2000.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Please find a list of independent providers below:

Provider	Accredited or Right to choose (RTC)
Neurospectrum	Accredited ADHD/ASD provider
Shropshire ADHD	Accredited ADHD/ASD provider
The Validium Group (health hero)	Accredited ADHD/ASD provider
CARE ADHD	Accredited ADHD/ASD provider and previous RTC
Psychiatry UK	Accredited ADHD/ASD provider and previous RTC
Teledoctor	Accredited ADHD/ASD provider and previous RTC
The Owl Centre	Accredited ADHD/ASD provider and previous RTC
ADHD 360	RTC ADHD/ASD provider
Atom	RTC ADHD/ASD provider
Berkeley	RTC ADHD/ASD provider
CATS	RTC ADHD/ASD provider
Clinical Partners	RTC ADHD/ASD provider
DR J	RTC ADHD/ASD provider
Evolve	RTC ADHD/ASD provider
Harley	RTC ADHD/ASD provider
Harrow Health	RTC ADHD/ASD provider
Healios	RTC ADHD/ASD provider
Health Harmonies	RTC ADHD/ASD provider
Held	RTC ADHD/ASD provider
Help4Psychology	RTC ADHD/ASD provider
KT	RTC ADHD/ASD provider
Latahzan	RTC ADHD/ASD provider
Mind	RTC ADHD/ASD provider
Oakdale	RTC ADHD/ASD provider
Optimise	RTC ADHD/ASD provider
Paloma	RTC ADHD/ASD provider
Provide	RTC ADHD/ASD provider
Psicon	RTC ADHD/ASD provider
RTN	RTC ADHD/ASD provider
Sinclair	RTC ADHD/ASD provider
Skylight	RTC ADHD/ASD provider

2. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

The indicative activity plans for 2026/27 financial year have not yet been finalised; however, we expect them to be finalised in the next 2 months.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**