

Our Reference North East and North Cumbria ICB\
FOI ICB 26-053

North East and North Cumbria ICB
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By Email

2 June 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 6 May 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within NHS North East and North Cumbria ICB.

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 – 31st March 2026).
3. If an adult was referred to you now, when would you expect them to be seen?
4. Please describe your current Adult ADHD Assessment pathway.
5. Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?
6. If yes to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.

Child ADHD Assessments

7. How many children do you have waiting for an ADHD diagnosis at the moment?
8. How many children were given an ADHD Assessment in the last year (1st April 2025 – 31st March 2026).

9. If a child was referred to you now, when would you expect them to be seen?
10. Please describe your current Child ADHD Assessment pathway.
11. Do you have any indicative activity plans in place for Right to Choose ADHD Child Assessment providers?
12. If yes to the above, please outline each indicative activity plan (for Child ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.

Our Response

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health hospital NHS foundation trusts (FTs) within the North East region. In North Cumbria there is no adult ADHD NHS pathway; a Right to Choose (RTC) provider is used.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts to make your request. We have also provided a list of RTC providers.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT (CNTW)	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT (TEWV)	tewv.foi@nhs.net

Right to Choose Providers
ADHD 360
Atrom Mindcare
Berkeley Psychiatrists
Care ADHD
Clinical Partners
Community Assessment Services
Dr J and Colleague
Evolve Psychology
Harrow Health
Health Harmonie Minds
Held health
Help for Psychology Services
KT Healthcare
LaTahzan
Mind Professionals
Oakdale Centre
Owl Centre
Paloma (Your Patient Choice)
Problem Shared
Provide Wellbeing
Psicon

Right to Choose Providers
Psychiatry-UK
RTN Medical
RTN Mental Health Solutions
Skylight

2. Please refer to the response to question 1. Please note also that both North East and North Cumbria patients may receive assessments through the RTC providers.
3. Please refer to the response to question 1.
4. Where a diagnosis is deemed as clinically appropriate in line with the NICE guidelines a referral will be submitted (professional only pathway) through to the diagnostic team in either TEWV/CNTW or in the case that the referral comes from a GP then this might me through RTC. RTC is the only option for Cumbria.
5. NENC ICB is working with providers to finalise indicative activity plans for Right to Choose ADHD Adult Assessments in 2026/27.
6. Please refer to the response to question 5.
7. Please refer to the response to question 1. Please note also that Northumbria Healthcare NHS Foundation Trust (NHCFT) is the acute trust provider for this service in North Tyneside. In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email for NHCFT – foi@northumbria.nhs.uk – to make your request.
8. Please refer to the response to question 7.
9. Please refer to the response to question 7.
10. Using the same interpretation of diagnosis, as in question 4, where diagnosis is deemed as clinically appropriate in line with NICE guidelines, then a referral will be put through to the CYPS service within the particular locality.
11. NENC ICB is working with providers to finalise indicative activity plans for Right to Choose ADHD Adult Assessments in 2026/27.
12. Please refer to the response to question 11.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**