

## Child Health & Wellbeing Network - Plan on a Page 2020/2021



OUR ENABLERS		PRIORITY	PROJECTS	WHO IS OR COULD BE INVOLVED?	OUTCOMES
WORKFORCE	"IN THE NORTH EAST AND NORTH CUMBRIA WE BELIEVE ALL CHILDREN AND YOUNG PEOPLE SHOULD BE GIVEN THE OPPORTUNITY TO FLOURISH AND REACH THEIR POTENTIAL, AND BE ADVANTAGED BY ORGANISATIONS WORKING TOGETHER."	MENTAL HEALTH	Project 1 - YOUTH MENTAL HEALTH FIRST AID (YMHFA) Offering free YMHFA training to agreed 'gaps' where mental health expertise that would benefit our young people (aged 8+)	Those working with children aged 8 and above Health Local Authorities Schools and colleges Voluntary services Families	75% of all mental health problems are established by the time someone is 18 To increase mental health awareness and first aid skills to benefit our young people
ADVOCACY		POVERTY	Project 2 - POVERTY PROOFING THE HEALTH SETTING In this initial scoping work we look at what are the barriers felt by young people and families in relation to health settings - can we poverty proof some environments	Children's North East Newcastle University ARC Children, young people and families Health settings to pilot poverty proofing in their environment	In 2016/17 the percentage of Children and Young People in England at 5 years old with poor oral health (defined by Decayed Missing or Filled Teeth - DMFT) was 23.3%. The North East average was very close at 23.9% but this included a wide range - from 19.3% Newcastle up to Middlesbrough at 32.1%  Increase our understanding of and reduce barriers to engaging in health from a poverty perspective
	INVOLVEMENT	ADDITIONAL NEEDS AND VULNERABILITY	Project 3 - SOUTH TEES ARTS PARTNERSHIP Designing and delivering a dance pilot in deprived areas of South Tees. Learn and spread to other areas and other Art genres	Northern Ballet Tin Arts & Eliot Smith Dance 0-19 Service Middlesbrough CYP MH Network Teesside University Public Health and LA Culture Team	The health life expectancy gap in UK is 19 years between the least and most deprived Increase access to the arts and demonstrate its impact on wellbeing
DATA AND DIGITAL	CHILDREN, YOUNG PEOPLE AND FAMILIES AT THE HEART OF WHAT WE DO PARTNERS IN CO-PRODUCTION.		Project 4 - LEARNING DISABILITIES MATTERS FOR FAMILIES WEB APP IMPLEMENTATION	Delivered by Learning Disabilities Network www.learningdisabilitymatters.co.uk	To reduce acute hospital admissions for preventable illness for Children and Young People with Learning Disabilities
		INEQUALITIES AND ACCESS	Project 5 - DEVELOP A WORKING TOGETHER STRATEGY A strategy to put children at the heart of our work and explore how to signpost to services	Children, young people and families Children's North East	Ensure our work is influenced and driven by our young people
LEARNING FROM OTHERS		BEST START IN LIFE	Project 6 - INTERACTIVE FILM WITH A FOCUS ON MENTAL HEALTH AND PERINATAL MENTAL HEALTH Developed in our region by our professionals and young people.	100's professionals and CYP Perinatal Mental Health and CYP MH Network William Howard School TryLife Sunderland University	In North Yorkshire hospital admission as a result of self harm (10-24yrs) are well above the regional and England average Increase awareness of mental health and perinatal issues to change behaviour
	CROSS CUTTING THEMES	HEALTH PROMOTION	Project 7 - SOCIAL MEDIA AND TECHNOLOGY Utilising social media and technology to positively engage with CYP and influence feedback on their services through project 5 above	Children Young people and families	Ensure our work is influenced and driven by our young people
EFFECTIVE COMMUNICATION	PLACED BASED SERVICES: FAMILY SUPPORT, TRANSITIONAL BRIDGES, USING ALL SETTINGS, ARTS & CREATIVITY.	CHILDHOOD ILLNESSES	Project 8 - ASTHMA FOCUS Understanding the current position across our region and sharing examples of good practice to improve quality and outcomes for young people living with Asthma	Acute and Primary healthcare Schools Local innovations eg Beat Asthma Data analysis experts Need ICP rep for each patch	In 2016/17 hospital admission rates for asthma for children under 19 years stood at 202.8 admissions per 100,000 population across England. The North East had a much higher rate overall (266.2) which included a wide range of variation from 198.3 in North Tyneside to 406 in Middlesbrough Reduce asthma attendances in A and E and
					spread best practice across our region