

Our Reference North East and North Cumbria ICB\
FOI ICB 24–469

NECS – John Snow House
Durham University Science Park
Durham
DH1 3YG

Tel: 0191 301 1300
E-mail: necsu.icbfoi@nhs.net

By Email

25 March 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 26 February 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000.

The ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the five local authorities of Darlington, Hartlepool, Middlesbrough, Redcar and Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am submitting a request under the Freedom of Information Act 2000 regarding the Mental Health Support Teams (MHSTs) operating in Newcastle and Gateshead. I would be grateful if you could provide the following:

1. *Performance Metrics* – Data on MHSTs in Newcastle and Gateshead over the past two years, including:
 - Number of schools and colleges covered.
 - Number of children and young people supported.
 - Types of interventions delivered.
 - Measured outcomes or effectiveness of interventions.
2. *Evaluation Reports* – Any internal or external assessments, audits, or reports on MHST performance, service effectiveness, or impact in these areas.
3. *Funding and Resource Allocation* – Information on funding provided for MHSTs in Newcastle and Gateshead, including:

- Breakdown of funding allocation.
- Any specified targets or expectations linked to this funding.

I do not require any commercially sensitive details related to financial negotiations, contracts, or proprietary data. However, if certain elements of my request fall under exemptions, I would appreciate a partial disclosure of any non-exempt information.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Performance metrics:

- *Number of schools and colleges covered.*
Newcastle – 57
Gateshead – 67
- *Number of children and young people supported.*
Gateshead targeted interventions – 714
Gateshead universal interventions – 16,971
Newcastle targeted interventions – 443
Newcastle universal interventions – 20,507
- *Types of interventions delivered.*
Initial assessment, 1:1 sessions, check-in, parent/carer contact, parent/carer info sharing, parent/carer CBT session, professional contact, discharge resources, small group, class, assembly, parent/carer workshops, professional workshops, professional meetings, drop-in
- *Measured outcomes or effectiveness of interventions.*
Of the 172 young people who completed Goal Based Outcome forms, the following results were captured:

Increase – 162
Decrease – 6
No change – 4

2. Evaluation reports:

- Internal ICB Gateshead MHST 2023/24 annual report (attached)
- RISE-produced Gateshead MHST 2023/24 impact report (attached)
- RISE-produced Newcastle MHST 2023/24 impact report (attached)
- RISE-produced Newcastle 2022/23 impact report (attached)
- RISE submits monthly, quarterly and annual reports to include data and outlining key work undertaken in the period.

3. Funding and Resource Allocation:

- Breakdown of funding allocation in 2024/25:

Newcastle – On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested for Newcastle place.
Gateshead – £605,978

- There are no specified targets or expectations linked to this funding.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer