NHS
North East and North Cumbria

Our Reference North East and North Cumbria ICB\ FOI ICB 26–340

North East and North Cumbria ICB
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By Email

30 September 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 29 September 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

On behalf of the National Pharmacy Association (NPA), I am requesting the following information under the Freedom of Information Act 2000. This request relates to NHS North East and North Cumbria Integrated Care Board only.

1. Does the ICB commission NHS weight management services involving GLP-1 medicines? If yes, please provide details of the service(s) commissioned.

2. How many patients in the ICB area have received NHS-funded GLP-1 medicines specifically for weight management (excluding type 2 diabetes)? Please provide figures by financial year:
   - 2023/24
   - 2024/25
   - 2025/26
   - 2026 to date

   Please provide figures by medicine where available.

If your ICB was formed or changed its boundary in April 2026, please include data for the predecessor ICB(s) covering your area.

Our Response

1. No, NENC ICB does not commission NHS weight management services involving GLP-1 medicines. Specialist weight management services are delivered by secondary care in the North East and North Cumbria at the acute hospital foundation trusts noted in the table below.

   In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contact for those foundation trusts (FTs).

NENC Acute Hospital FTs	Email/Online portal
North Cumbria Integrated Care NHS FT	foirequest@cumbria.nhs.uk
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tees Hospitals NHS FT	stees.foi.admin@nhs.net
The Newcastle upon Tyne Hospitals NHS FT	https://www.newcastle-hospitals.nhs.uk/help/foi/

2. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by NHS Business Services Authority (NHS BSA).

   In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contact for NHS BSA: foirequests@nhsbsa.nhs.uk.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website https://northeastnorthcumbria.nhs.uk/.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector

Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board