

# 3 ways to find NHS urgent dental care

Step  
**1**

Contact an NHS dentist

Step  
**2**

Book an appointment  
at an urgent dental  
access centre

Step  
**3**

Call NHS 111 or  
visit [111.nhs.uk](https://111.nhs.uk/nhs-dentistry)



Scan the QR code or visit:  
[northeastnorthcumbria.nhs.uk](https://northeastnorthcumbria.nhs.uk/nhs-dentistry)  
[/nhs-dentistry](https://northeastnorthcumbria.nhs.uk/nhs-dentistry)

HERE  
TO  
HELP

