

Our Reference North East and North Cumbria ICB\  
FOI ICB 25–521

North East and North Cumbria ICB  
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Sunderland  
SR5 3XB

Tel: 0191 512 8484  
E-mail: [nencicb.foi@nhs.net](mailto:nencicb.foi@nhs.net)

By Email

7 April 2026

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 18 March 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Under the Freedom of Information Act 2000, I am writing to request the following information regarding specialist weight management services within your area:

1. Please provide a copy of the current patient eligibility criteria for referral to your specialist weight management service.
2. If your specialist weight management service operates both a medicated pathway (including GLP-1 receptor agonist prescribing) and a non-medicated pathway, please provide the patient eligibility criteria for each pathway separately.
3. Please provide the name, job title, and contact email address of the individual responsible for managing Non-Contract Activity (NCA) queries relating to specialist weight management services. If this responsibility sits within a general NCA or contracting team, please provide the contact details for that team.
4. How many patients received specialist weight management services under the Right to Choose (patient choice) framework in the 2025/26 financial year, broken down by month?
5. Please provide a copy of any policy, procedure, or guidance document that sets out how Indicative Activity Plans (IAPs) and Activity Management Plans (AMPs) are established for specialist weight management services delivered under the patient choice framework. If no formal policy document exists, please provide a written explanation of how IAPs and AMPs are agreed with providers for these services, including any timelines or approval stages involved.

## Our Response

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, the eligibility criteria is available on the NENC ICB website: [Weight loss drugs – information for patients.](#)

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

2. Please refer to the response to question 1.
3. NENC ICB is currently being restructured and roles and responsibilities are being reviewed. In the interim, please direct all queries to Paul Turner via the ICB's generic mailbox [nencicb-sun.reception@nhs.net](mailto:nencicb-sun.reception@nhs.net), clearly detailing your request. Alternatively, please telephone the ICB's Switchboard on 0191-512-8484.
4. Under the right to choose framework activity figures are noted below where available:

Month	Activity
April 2025	97
May 2025	99
June 2025	94
July 2025	105
August 2025	157
September 2025	245
October 2025	292
November 2025	434
December 2025	73
January 2026	9

5. NENC ICB follows the NHS standard contract technical guidance to set Indicative Action Plans (IAPs) and Activity Management Plans (AMPs). The guidance is publicly available on the NHS England website: [NHS England » Indicative activity plan \(IAP\) reporting specification: technical detail – specific data requirements](#). In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000.

Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**