NHS
North East and North Cumbria

Our Reference North East and North Cumbria ICB\ FOI ICB 26–318

North East and North Cumbria ICB
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By Email

9 October 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 23 September 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000 I am writing to request the following information.

Please list your direct contracts for ND (ASD and/or ADHD) services. Please include name of service (e.g. CYP/Adult, ASD/ADHD, Assessment/Titration/Needs-Led), name of provider, annual value of contract, total contract value and contract duration.

If any part of this request is exempt from disclosure, please provide any information that can be disclosed and specify the exemption relied upon for any information withheld.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

NENC ICB commissions autism and ADHD assessment, treatment and support services through the following direct contracts.

1. Patient choice assessment and treatment services – accredited Providers

Provider	Service	Annual contract value	Total contract value	Contract duration
Psych-UK Ltd	Adult ADHD assessment and end-to-end treatment; adult autism assessment and diagnosis	Activity-based; no fixed annual value	Activity-based; no fixed total value	01/04/2026-31/03/2031: five years
Centre for ADHD/Care ADHD	Adult and CYP ADHD assessment and end-to-end treatment; adult and CYP autism assessment and diagnosis	Activity-based; no fixed annual value	Activity-based; no fixed total value	01/04/2026-31/03/2031: five years
The Owl Centre Ltd	Adult and CYP ADHD assessment and end-to-end treatment; adult and CYP autism assessment and diagnosis	Activity-based; no fixed annual value	Activity-based; no fixed total value	01/04/2026-31/03/2031: five years
Neurospectrum Ltd	Adult and CYP ADHD assessment and end-to-end treatment; adult and CYP autism assessment and diagnosis	Activity-based; no fixed annual value	Activity-based; no fixed total value	01/04/2026-31/03/2031: five years
Shropshire ADHD Service Ltd (trading as The ADHD Service)	Adult and CYP ADHD assessment and end-to-end treatment; adult and CYP autism assessment and diagnosis	Activity-based; no fixed annual value	Activity-based; no fixed total value	01/04/2026-31/03/2031: five years

ADHD treatment includes medication initiation, titration, ongoing prescribing, monitoring and annual reviews where clinically indicated. Medication is delivered by the provider as part of an end-to-end pathway.

All five contracts operate on an activity-based tariff model, with no guaranteed minimum activity. Payments are made against activity delivered at agreed tariffs. The value shown in the procurement notice reflects the highest unit tariff entered for publication purposes, rather than a fixed annual or total contract value.

2. NHS provider assessment services

Provider	Service	Annual contract value	Total contract value	Contract duration
Tees, Esk and Wear Valleys NHS Foundation Trust	Autism and ADHD assessments NENC ICB	Included within the wider block contract	Included within the wider block contract	Year on year
Cumbria, Northumberland, Tyne	Autism and ADHD assessments	Included within the	Included within the	Year on year

and Wear NHS Foundation Trust	NENC ICB	wider block contract	wider block contract	

NENC ICB commissions these services directly under NHS Standard Contracts.

3. Commissioned support services for ASD and ADHD by ICB place

ICB place	Provider	Service	Contract type / value	Contract dates / duration
ICB wide	Daisy Chain & Skills for People	Key Worker	Block contract	Ends 31/09/2026
Durham	Daisy Chain	Family support	Block contract	01/02/2026–30/06/2027
Durham	Autism in Mind	Autism sensory project	-	01/01/2022–31/12/2026
Durham	Autism in Mind	Autism Hub	-	10/11/2021–09/11/2026
Gateshead	Northumberland & Tyneside Mind	Post-diagnostic support via psychoeducation to adults who have received an ADHD diagnosis	£33,094, 2025/26	2025/26
Newcastle	Daisy Chain	Post-diagnostic support via psychoeducation to adults who have received an autism diagnosis	£60,000, 2025/26	2025/26
North and North Cumbria	Barnardos	Young Peoples support service	Block contract	01/04/2024–31/03/2027
North and North Cumbria	Autism in Mind	Autism Post diagnostic service	Block contract	01/04/2026–31/03/2027
North and North Cumbria	Northumberland County Council HINT	Autism support	Block contract	01/04/2026–31/03/2027
Sunderland and South Tyneside	Toby Henderson Trust	Autism Hub	Block contract	14/01/2020–13/01/2027
Sunderland and South Tyneside	Autism in Mind	Autism Sensory Project	Block contract	01/01/2022–31/12/2026
Sunderland and South Tyneside	Autism in Mind	Autism Hub	Block contract	10/11/2021–09/11/2026
Tees Valley	Daisy Chain	Pre- and post-diagnostic support including peer support, hubs and psychoeducation to people over the age of 16	Block contract	Starts 01/05/2025; two-year contract
Tees Valley	Daisy Chain	Family support	Block contract	01/12/2024–30/11/2027; two years

				plus one year

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website https://northeastnorthcumbria.nhs.uk/.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, 4th Floor, No. 3 Circle Square, 5 Hawkshaw Street, Manchester, M1 7BL or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board