

Our Reference North East and North Cumbria ICB\
FOI ICB 25–267

North East and North Cumbria ICB
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By Email

17 October 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 7 October 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I would like to request the following information under the Freedom of Information Act.

1. Please tell me how many patients within the ICB are currently taking Wegovy (semaglutide) for weight loss or weight management?
2. If possible, please provide figures for the average current waiting time currently for patients to start taking Wegovy from referral from their GP.
3. Please tell me how many patients within the ICB are currently taking Mounjaro (tirzepatide) for weight loss or weight management?
4. If possible, please provide figures for the average current waiting time for patients to start taking Wegovy from referral from their GP.
5. Please provide details of your current referral thresholds for patients to be prescribed Wegovy.
6. Please provide details of your current referral thresholds for patients to be prescribed Mounjaro.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

Due to the introduction of NICE TA1026 and research evidence the main option for supporting patients living with obesity is Mounjaro.

1. Wegovy is not being used for weight loss or weight loss management within the ICB.
2. Please refer to the response to question 1. For reference, or Mounjaro within primary care the average wait time would be a maximum of 4 weeks.
3. Approximately 700 patients within NHS services (primary care and Tier-3) are taking Mounjaro.
4. Please refer to the response to question 1.
5. Please refer to the response to question 1.
6. Within primary care model the referral threshold is 1415, for Tier-3 it is 570 for 2025/26.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**