

Version 1

8 January 2026



Working Well North Tyneside

Information pack for GP surgeries in North Tyneside to support communications with patients

As you may be aware, people in North Tyneside who are struggling to stay in work because of their health can now access NHS WorkWell services and coaches to support them to stay well and working. Services in North Tyneside are provided by Working Well North Tyneside and North Tyneside Council. The following provides some information to support you in your communications with patients. General Information for patients is also available on the website www.skillsnorthtyneside.org.uk/support/

What's in this toolkit?

Item	Where to access it
Suggested script for staff in practices to help answer questions from patients and provide information when referring patients to the service.	See below.
Suggested content to go on GP surgery websites.	See below.

Adverts you can use on digital screens in GP surgeries.

North Tyneside Council Working Well NHS North East and North Cumbria

Is your health making it hard to work? We can help.

Ask your GP about the Working Well service.

This can be downloaded from our toolkit using the link below.

<https://northeastnorthcumbria.nhs.uk/toolkits/working-well-north-tyneside/>

Poster for waiting areas in GP surgeries. **Printed versions are being supplied to practices.** For any queries email nencicb.comms@nhs.net

North Tyneside Council Working Well NHS North East and North Cumbria

Is your health making it hard for you to work?

Sometimes health problems make it hard to stay in work – or get back to work. If you're finding it a struggle, our Working Well Employment Advisors can help.

Working Well North Tyneside
Working Well is a free, additional service in North Tyneside to support you.

A Working Well Employment Advisor can listen to your needs, make a plan and put you in touch with services to help. You don't need to manage alone.

Support for you
We can help you with things like:

- Getting fitter and healthier
- Links to local employers
- Money, benefits or housing
- Talking with your employer
- Alcohol and drug support
- Finding new opportunities

Digital copy of A4 information sheet - GPs/practice staff can hand to patient they have referred to the services. **Printed versions are also being supplied to practices**

North Tyneside Council Working Well NHS North East and North Cumbria

Helping you stay well, and stay in work...

We would like to invite you to meet a Working Well Employment Advisor. If your health is making it hard to work - or return to work - they can help.

Listening to you
Working Well North Tyneside is a free service. Your Employment Advisor will listen to your needs and support you.

Support for you
We can help you with things like:

- Getting fitter and healthier
- Links to local employers
- Money, benefits or housing
- Talking with your employer
- Looking for new opportunities that suit your goals and skills

Who's this service for?
Our service is for adults in North Tyneside who:

- Are struggling to stay in work because of health problems
- Are not working because of health problems
- Have had the need in the last 6 months
- Use in the area and have the right to work in the UK

If you feel you may benefit from this service but the above doesn't apply to you please do still get in touch or speak to your GP.

What happens next?
Your Working Well Employment Advisor will be in touch with you within the day. You may also be invited to a 'working well' assessment for more information.

If you have any questions, email nencicb@northeastnorthcumbria.nhs.uk, call **0191 642 2288** (option 1) or contact the person who referred you. You can also visit the [NHS](https://www.nhs.uk) website and complete the form for a callback.

The Working Well North Tyneside service is commissioned by NHS North East and North Cumbria Integrated Care Board and operated by North Tyneside Council.

The digital copy can be downloaded from our toolkit using the link below.

<https://northeastnorthcumbria.nhs.uk/toolkits/working-well-north-tyneside/>

Animation about work coaches which can be added to websites and shared on digital screens in practices.

This can be downloaded from our toolkit using the link below.

<https://northeastnorthcumbria.nhs.uk/toolkits/working-well-north-tyneside/>

Or accessed on YouTube.

<https://youtu.be/Ztqi03IGBso>

Suggested content for practice websites

Is your health making it hard for you to work?

Sometimes health problems like stress, back pain or long-term conditions make it hard to stay in work or return to work.

If you're finding it a struggle, Working Well North Tyneside can help.

It's a free NHS service and we can arrange for you to meet a Working Well Employment Advisor to see how they can help you.

An advisor will listen to you, help you to make a plan, and put you in touch with services that can help. This could include:

- Support from other health services, like pain or mental health teams
- Advice on benefits, money or housing
- Help with talking to your employer or making changes at work

- Links to local groups and activities

You don't have to manage alone.

Just ask **your GP** [edit/insert other posts as appropriate] about Working Well North Tyneside. You can also find out more by watching this animation (<https://youtu.be/Ztqi03lGBso>) and visiting this website www.skillsnorthtyneside.org.uk/support/

Suggested script for staff

Hi, I'm NAME from PRACTICE

I am calling on behalf of your GP/nurse who has suggested you may find it helpful to get some extra support for your health problems.

There's a new service called Working Well North Tyneside which can help if health problems or difficult circumstances are making it hard for you to work.

It's a free NHS service and we can arrange for you to meet a Working Well Employment Adviser to see how they can help you. They can listen to your needs, help you make a plan and help you stay on track with it.

They can help with all sorts of things, like

- Money worries
- Mental health and other health issues
- Housing problems
- Helping you talk with your employer about making adjustments

...whatever will help you.

It's completely up to you, but we think you might find it helpful.

We know from people who have used this service before, that they have found it helpful and supportive.

Would you consider talking with a Working Well Employment Adviser?

[Pause for questions – please use the FAQs below to help answer any questions and reassure people]

Follow-up conversation (where appropriate):

- Offer to email a leaflet or give a web address
- Web address is www.skillsnorthtyneside.org.uk/support/
- Reassure this is an NHS service but is provided by North Tyneside Council's Working Well service.
- They can be contacted on 0191 643 2288 (option 1) or by emailing workingwell@northtyneside.gov.uk

Answers to frequently asked questions

Is taking part compulsory? No. It is completely up to you. Deciding to speak to a Working Well Employment Advisor or take part in services is **your choice**. You do not have to take part if you do not want to. We do know that lots of people have found this type of service very helpful.

Will it count against me if I choose not to use Working Well? No. Saying no won't affect you in any way. If you change your mind later, you can always talk to your GP or healthcare professional about being referred again.

Might the information I give be used against me by the benefits system? This is a really common worry, and the answer is no. Working Well North Tyneside is separate from Jobcentre Plus and the DWP and taking part will not affect your benefits. Information you share with Working Well Employment Advisor is not used to make decisions about your benefits.

What happens to my information?

If you agree to a referral:

- A short referral form is filled in with some basic details about you and what support you might need.
- This is sent securely to your local Working Well team.
- They will then contact you by phone for a first chat.

Your information is:

- Kept safe and secure on Working Well systems
- Only shared with other support services if you agree and it's part of your plan

Some information may be used (without your name or details that identify you) to help improve the service, but this won't affect you or your benefits.

Who will have access to my medical notes?

Working Well North Tyneside does **not** have access to your full medical records.

- Notes from your conversations with Working Well North Tyneside will be recorded and stored securely on their system.
- Your GP will be updated at the agreed point, so they know you are getting support.

Any information used to help improve or review the service will be handled safely and confidentially.

How quickly will Working Well contact me?

After your referral, the Working Well team will aim to contact you **as soon as possible**. In most cases this is within 5 days and often earlier.

Can I use Working Well if I'm already working?

Yes. Working Well is for people:

- In work and struggling
- Off sick
- Or out of work

Support can include help with:

- Talking to your employer
- Making changes at work that help you stay well
- Mental health and long-term health conditions

Is it only for certain health problems?

No. Working Well supports people with lots of different needs, including:

- Mental health
- Long-term or ongoing conditions
- Pain or mobility issues
- Women's health
- Neurodiversity
- Caring or family pressures

These are just examples, your Working Well Employment Advisor will talk to you and come up with a personalised plan that suits you best.

How long can I get support for?

Support is **not time limited**. Working Well North Tyneside can support you for as long as you need, at a pace that works for you.