

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25-037

North East and North Cumbria ICB  
Pemberton House  
Colima Avenue  
Sunderland Enterprise Park  
Sunderland  
SR5 3XB

Tel: 0191 512 8484  
E-mail: [nencicb.foi@nhs.net](mailto:nencicb.foi@nhs.net)

By Email

2 May 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 28 April 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Please provide the following information regarding specialist weight management services (SWMS) within your integrated care board area:

1. Do you currently commission a specialist weight management service (Tier 3)?
2. If yes to question 1, does this specialist weight management service include the prescribing of GLP-1 receptor agonist therapies (such as semaglutide, tirzepatide)?
3. Is the specialist weight management service consultant-led? If so, please specify the medical speciality of the consultant(s) leading the service.
4. Does the specialist weight management service include remote delivery options (such as virtual consultations, telephone appointments, or digital support platforms)?
5. Please provide a copy of the full service specification for the specialist weight management service that you commission, if one exists.

**Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is available within the NENC ICB publication scheme which can be accessed on the ICB website: [Publications scheme | North East and North Cumbria NHS \(northeastnorthcumbria.nhs.uk\)](https://publications.north-east-north-cumbria.nhs.uk/) or please refer to our previous related request, our ref: FOI ICB 24-510 from the NENC ICB FOI Disclosure Log at: [foi-icb-24-510-response-letter.pdf](https://foi-icb-24-510-response-letter.pdf)

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

2. Yes, this specialist weight management service includes the prescribing of GLP-1 receptor agonist therapies (such as semaglutide, tirzepatide).
3. Yes, typically Diabetologist/Endocrinologist or GP with specialist interest/training.
4. The service includes telephone appointments.
5. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is available on the ICB's website at [tier-3-weight-management-services-commissioning-statement.pdf](https://www.nenc-icb.nhs.uk/tier-3-weight-management-services-commissioning-statement.pdf)

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**