

Our Reference North East and North Cumbria ICB\
FOI ICB 24-120

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By Email

25 June 2024

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 19 June 2024 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000.

The ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the five local authorities of Darlington, Hartlepool, Middlesbrough, Redcar and Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

1. Does NHS North East and North Cumbria ICB have any local guidelines or policies for the treatment of obesity? **Yes/No**. If yes, please provide a copy.
2. Does NHS North East and North Cumbria ICB have referral pathways for Tier 3 or Tier 4 weight management services? **Yes/No**. If yes, please provide a copy.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

1. NHS North East and North Cumbria ICB has local guidelines or policies for the treatment of obesity. Guidelines for Tier 4 services are within the Value Based Clinical Commissioning Policies North East and North Cumbria Clinical Commissioning Groups pg. 69 to 71, using same criteria set by NHS England and use NICE Clinical Guidance 189 (Obesity: identification, assessment, and management 2023).

The ICB recognises the challenge of meeting the needs of our population, through the Healthy Weight and Treating Obesity workstream. As part of the workstream the ICB are utilising a whole systems approach to develop a Healthy Weight & Treating Obesity strategy, which will focus on primary prevention as well as treatment. This work will take place over the coming months.

2. NHS North East and North Cumbria ICB has referral pathways for Tier 3 or Tier 4 weight management services. Attached are examples of referral pathways of Tier 3 and Tier 4 service within the North East and North Cumbria.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer