



#Be Wise, Immunise

Protect your child against flu with the free flu nasal spray vaccine.

3 reasons to vaccinate your child against flu...

1. **Protect your child, your family and your friends** - Flu can be more serious for children with a learning disability. The flu vaccine helps keep your child, family, and friends safe. Carers can get a free NHS flu vaccination too.
2. **No injection needed** - The nasal spray is quick, doesn't hurt and works better in children than an injection
3. **It's safe** - The nasal spray protects against flu and has been given safely to millions of children.

What should I do?

- 2–3-year-olds can get the flu nasal spray at their GP practice from September. If you haven't heard from your GP by October, please contact them.
- If your child (17 or under) goes to a Special Educational Needs school, they'll be offered the flu vaccine there, please complete the consent form as soon as possible. If they haven't had the vaccine, contact the School Age Immunisation Service or your GP.
- If your child has the flu vaccine at school, please tell your GP and check they're on the GP Learning Disability Register. This helps your GP support your child and make any reasonable adjustments they need. From age 14, they should also get a yearly Learning Disability Health Check - if you haven't had an invite, please ask your GP.
- If your child is immunosuppressed, your GP may also offer them a COVID-19 vaccination.

For more information visit: www.nhs.uk/vaccinations/child-flu-vaccine