

Our Reference North East and North Cumbria ICB\
FOI ICB 25–434

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

5 February 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 22 January 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2001, I would like to know the following:

1. How many adult ASD assessments were completed by the core provider in 2025?
2. How many adult ASD assessments were outsourced to an independent provider in block in 2025?
3. How many adult ASD assessments were completed under Patient Choice in 2025?
4. Of the assessments completed by the core provider in 2025, how many were given a diagnosis of ASD?
5. Of the assessments outsourced to an independent provider in block in 2025, how many were given a diagnosis of ASD?
6. Of the assessments completed under Patient Choice in 2025, how many were given a diagnosis of ASD?
7. Of the assessments outsourced to an independent provider in block in 2025, how many were rejected or had to be repeated by the core provider?
8. Of the assessments completed under Patient Choice in 2025, how many were rejected or had to be repeated by the core provider?

If time is permitted under the FOIA, please also provide the information on the above for ADHD assessments. Please do this by replacing all instances of the term 'ASD' with 'ADHD' in bullet points 1, 2, 3, 4, 5 and 6.

If you cannot provide this information within the time allowed by the FOIA, or if I can provide any clarity on this request, please let me know as soon as possible so I can adjust the scope of the request or clarify any confusion.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts to make your request.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT	tewv.foi@nhs.net

2. No adult ASD assessments were outsourced to an independent provider in block in 2025.
3. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by Right to Choose (RTC) providers within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided a list of those RTC providers below.

ADHD 360
Atrom Mindcare
Axia
Care ADHD
Clinical Partners
Community Assessment Services
Dr J and Colleagues
Evolve Psychology
Harrow Health
Health Harmonie Minds
Held health
Help for Psychology Services

KT Healthcare
LaTahzan
Mind Professionals
Oakdale Centre
Owl Centre
Paloma (Your Patient Choice)
Problem Shared
Provide Wellbeing
Psicon
Psychiatry-UK
RTN Medical
RTN Mental Health Solutions
Skylight

4. Please refer to the response to question 1.
5. Please refer to the response to question 2.
6. Please refer to the response to question 3.
7. Please refer to the response to question 2.
8. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health foundation trusts and Right to Choose (RTC) providers within the North East and North Cumbria region.

The information provided for ASD is the same as that for ADHD in our response to questions 1 to 6 above.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliff House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector

Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**