



# North East and North Cumbria

Our Reference SD\North East and North  
Cumbria ICB\FOI ICB297

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12 April 2023

Dear

## **Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 26 March 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

### **Your Request**

Please could you kindly provide the following information:

- a) Average waiting time (i.e. number of days) for a child or young person from referral to first appointment with CAMHS/CYPMHS in 2022, or the latest full year for which you have data.
- b) Current typical waiting time for a child or young person being referred to CAMHS/CYPMHS today.

(For clarity, if a child was referred on 1st January and had to wait until 1st July for their first appointment, this would be a wait of 181 days)

If the area covered by your ICB means that there is more than one answer to (a) and (b) above, please provide answers for all cases. E.g. if your ICB covers three areas, each with their own CAMHS/CYPMHS access points and waiting times, please provide answers for all three.

### **Our Response**

North East and North Cumbria ICB does not hold this information for all ICB places. We would advise you to redirect your queries as per the responses provided below, from each individual place.

County Durham place:

For County Durham, please redirect your query to the Mental Health provider. This is Tees, Esk & Wear Valley NHS Foundation Trust, using the email [tewv.foi@nhs.net](mailto:tewv.foi@nhs.net)

Gateshead place:

For Gateshead we advise you to redirect your query to the Mental Health provider. This is Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust, using the email [foi@cntw.nhs.uk](mailto:foi@cntw.nhs.uk)

Newcastle place:

For Newcastle we would advise you to redirect your query to the Mental Health provider trust, Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust, using the email [foi@cntw.nhs.uk](mailto:foi@cntw.nhs.uk)

North Cumbria place:

NENC ICB North Cumbria place have advised that the data you have requested is available online via the links below:

[Waiting times for children and young people's mental health services 2021 - 2022 - NHS Digital](#)

The above data comes from the MHSDS submissions which are also published:

[Mental Health Services Monthly Statistics - NHS Digital](#)

North Tyneside place:

For North Tyneside, we advise you to redirect your query to both the Mental Health provider and acute hospital trust.

These are Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust for CYPS, using the email [foi@cntw.nhs.uk](mailto:foi@cntw.nhs.uk) and Northumbria Healthcare NHS Foundation Trust for PMWH, using the email [foi@northumbria.nhs.uk](mailto:foi@northumbria.nhs.uk)

Northumberland place:

For Northumberland we would advise you to redirect your query to both the Mental Health provider and acute hospital trust.

These are Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust for CYPS, using the email [foi@cntw.nhs.uk](mailto:foi@cntw.nhs.uk) and Northumbria Healthcare NHS Foundation Trust for PMWH, using the email [foi@northumbria.nhs.uk](mailto:foi@northumbria.nhs.uk)

South Tyneside place:

For South Tyneside we advise you to redirect your query to both the Mental Health provider and acute hospital trust.

These are Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust, using the email [foi@cntw.nhs.uk](mailto:foi@cntw.nhs.uk) and South Tyneside and Sunderland NHS Foundation Trust, using the email [stsft.freedomofinformation@nhs.net](mailto:stsft.freedomofinformation@nhs.net)

Sunderland place:

Sunderland provided the following information in response to your request:

- a) Average waiting time: CAMHS – 129 days and CYPS – 55 days
- b) Current typical waiting time: CAMHS – 121 days and CYPS – 67 days

Tees Valley place:

For Tees Valley CAMHS information, we would advise you to redirect your query to the Mental Health provider. This is Tees, Esk & Wear Valley NHS Foundation Trust, using the email [tewv.foi@nhs.net](mailto:tewv.foi@nhs.net)

For services commissioned that fall under the CYPMHS section, please find the following response:

### **CYP Getting Help services**

M&S Mind – 2022 – 3 months/90 days. Current wait time 4 months/120 days.

The Link – 2022 – 45 days. 2023 40 days

Alliance – 2022 41 days / 2023 to date 37 days

The Junction – 2022 – 6 weeks/42 days. Current wait time 7 weeks

### **CYP MHST Services**

The Link – 2022 – 30 days – 2023 35 days

Alliance – 2022 – 26 days – 2023 – 37 days

### **Footsteps CYP service**

Current wait for assessment – 2 days wait.

*Note: This service has recently reopened for referrals so waiting times are likely to report an increase from this by the month of April.*

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.gov.uk](http://www.ico.gov.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*Sarah Davies*

**Sarah Davies**  
**Information Governance Officer**