

Our Reference North East and North Cumbria ICB\
FOI ICB 25–426

North East and North Cumbria ICB
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By Email

3 February 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 19 January 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000, I request the following information regarding neurodivergent (ADHD and autism) assessment services:

1. For each NHS provider currently commissioned to deliver neurodivergent assessment services in your area, what is the total annual contract value for 2023/24, 2024/25 and 2025/26 (to date). If block contracts cover multiple services beyond neurodivergent assessments, please provide the total contract value and indicate what proportion or percentage relates to neurodivergent assessment services.
2. What is the total spending on Right to Choose activity (payments to private/independent sector providers) for neurodivergent assessments for 2023/24, 2024/25 and 2025/26 (to date).
3. How many neurodivergent assessments were completed by NHS-commissioned providers for 2023/24, 2024/25 and 2025/26 (to date). If complete data is not held by the ICB, please provide activity data available from provider reporting.
4. How many neurodivergent assessments were paid for via Right to Choose providers for 2023/24, 2024/25 and 2025/26 (to date). This should be available from invoicing data even if individual patient-level data is not routinely collected by ICB.
5. What were the average waiting times from referral to assessment for NHS-commissioned neurodivergent assessments for 2023/24, 2024/25 and 2025/26 (to date). If ICB does not hold

this data directly, please provide the most recent waiting time data reported by commissioned providers.

6. Please provide a complete list of all providers that have invoiced your ICB for neurodivergent assessment services for 2023/24, 2024/25 and 2025/26 (to date).

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

In respect of NHS foundation trust contracts, funding is part of a wider block funding envelope and is not specifically broken down to individual service level. Similarly, activity is not broken down within the block contract.

2. Total spending on Right to Choose activity (payments to private/independent sector providers) for neurodivergent assessments:

2023/24 £4.936m

2024/25 £12.669m

2025/26 £18.843m (this is up to and including month 8, November-25)

3. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts to make your request.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT	tewv.foi@nhs.net

4. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.
5. Please refer to the response to question 3.
6. Providers that have invoiced NENC ICB for neurodivergent assessment services for 2023/24, 2024/25 and 2025/26 (to date) are detailed below:

ADHD 360 Ltd

AXIA ASD Ltd

Centre For ADHD Research and Excellence (The)

Clinical Partners Ltd

Evolve Psychology Services Ltd
Harrow Health CIC
Held Health
Help 4 Psychology Services Ltd
Holistic ADHD Solutions
Jajawi & Asker Ltd
Oakdale Centre
Provide Wellbeing Ltd
Psicon Ltd
Psych-UK Ltd
RTN Medical
RTN Mental Health Solutions Ltd
Skylight Psychiatry Ltd
Teledoctor Ltd
Your Patient Choice Ltd

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**