

Our Reference      North East and North Cumbria ICB\  
FOI ICB 26–059

**North East and North Cumbria ICB**  
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Sunderland  
SR5 3XB

Tel: 0191 512 8484  
E-mail: [nencicb.foi@nhs.net](mailto:nencicb.foi@nhs.net)

By Email

21 May 2026

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 11 May 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

**Requested information**

Please provide a monthly breakdown of expenditure for NHS North East & North Cumbria ICB relating exclusively to ADHD and Autism Spectrum Condition (ASC) diagnostic assessment services for the period 1 June 2025 to 30 November 2025 inclusive.

For each month (June, July, August, September, October and November 2025), please provide the following information restricted to ADHD and/or ASC assessments only:

- Supplier name
- Total amount paid to each supplier in that month
- Whether the expenditure relates to:
  - ADHD/ ASC (autism)/combined assessments
  - CYP/Adult
  - RTC contract/block contract
- High level description of service provided (e.g. diagnostic assessment, prescription etc)
- Contract reference number (if applicable)
- Procurement route, for each contract or payment, please state the provider selection route used (direct award A, B, C, Most Suitable Provider, competitive process or framework).

Please note that this request does not include non-diagnostic services and is limited solely to diagnostic assessment and prescribing activity.

#### Format

Please provide the information in electronic format, preferably as an Excel (.xlsx) or CSV file, with a separate row for each supplier per month.

#### Commercial sensitivity clarification

To assist disclosure:

- I am not requesting individual unit prices, clinician rates, or rate cards. Total monthly expenditure per supplier will be sufficient.
- Where detailed descriptions may engage commercial sensitivity, a high-level service category is acceptable.

#### Cost limit safeguard

If this request exceeds the cost limit under Section 12 of the Freedom of Information Act 2000, please advise how it may be refined or narrowed to fall within the limit.

### **Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. This is detailed in the attached spreadsheet. However, please note the following:

- The breakdown is for ADHD/ASC services delivered by private/independent sector providers.
- However, the charges are for all services as the provider often do not split out the type of assessment or which neurodivergent condition is being assessed.
- In respect of NHS foundation trust (FT) contracts, funding is part of a wider block funding envelope and is not specifically broken down to individual service level. Similarly, activity is not broken down within the block contract.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for the mental health hospital foundation trusts below.

| <b>NENC Mental Health Hospital FTs</b>        | <b>Email</b>     |
|-----------------------------------------------|------------------|
| Cumbria, Northumberland, Tyne and Wear NHS FT | foi@cntw.nhs.uk  |
| Tees, Esk and Wear Valleys NHS FT             | tewv.foi@nhs.net |

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**