

Our Reference North East and North Cumbria ICB\
FOI ICB 25-377

North East and North Cumbria ICB
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By Email

17 December 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 12 December 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to you under the Freedom of Information Act 2000 to request the following information regarding tirzepatide (Mounjaro) use in your ICB area:

1. Please provide the total cost to the ICB of tirzepatide (Mounjaro) since it became available across specialist weight management services and primary care settings on 23 June 2025. If possible, please break this down by month.
2. How many patients have been prescribed tirzepatide since the 23 June 2025? Please can you provide an overall total and monthly totals if possible (e.g., 23 June–23 July, 23 July–23 August, etc.).
3. Does your ICB have any thresholds for treatment that differ from the national thresholds – if so, what are your local thresholds?
4. How many patients who met the national eligibility threshold for tirzepatide have been declined treatment by the ICB or by services commissioned by the ICB?
5. How many patients are currently on a waiting list for tirzepatide treatment?

If it is not possible to provide the information requested due to the information exceeding the cost of compliance limits identified in Section 12, please provide advice and assistance, under the Section 16 obligations of the Act, as to how I can refine my request.

If you can identify any ways that my request could be refined, I would be grateful for any further advice and assistance.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this information was previously provided in response to FOI ICB 25-360). Please find a copy of the response attached for your information. In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.
2. Please refer to the response to question 1.
3. NENC ICB uses the national thresholds.
4. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. This data is not collected by NENC ICB; however, we hold interim data that highlights 29 patients declined tirzepatide and 4 stopped taking tirzepatide.
5. There are zero patients currently on a waiting list for tirzepatide treatment at present as there is currently capacity to meet demand.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board