

Our Reference North East and North Cumbria  
ICB\FOI ICB761

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By Email

6 March 2024

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 9 February 2024 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

- 1. What are the illness and injury statistics among professional athletes over the past five years, and which sports have had the most cases?**
- 2. Over the past five years, how many cases of depression and anxiety disorders have been reported among professional athletes in your area?**
- 3. What are the statistics for suicide among athletes over the past ten years, and which sports have had the most cases?**
- 4. What programs or initiatives have been launched to support mental health in sport over the past three years, and how effective have they been?**

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

Sunderland place have confirmed the following in answer to Question 4

In 23/24, there was funding of the Fans Museum in Sunderland to deliver some community sessions which covers some football coaching which has received positive feedback.

In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the remaining information requested.

This information would be held by the providers of Mental Health services which are listed with contact details below, so we suggest you redirect your request to them.

Cumbria, Northumberland, Tyne & Wear NHS FT	<a href="mailto:foi@cntw.nhs.uk">foi@cntw.nhs.uk</a>
Tees, Esk & Wear Valley NHS FT	<a href="mailto:tewv.foi@nhs.net">tewv.foi@nhs.net</a>

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.org.uk](http://www.ico.org.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*Paul Atkinson*

**Paul Atkinson**  
**Information Governance Officer**