

Our Reference North East and North Cumbria ICB\
FOI ICB 25-050

North East and North Cumbria ICB
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By Email

21 May 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 9 May 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am submitting this request, on behalf of myself, under the Freedom of Information Act and the Code of Practice on Openness in the NHS. Please confirm the ICB holds the following data and where it is held; please provide the data as requested. I would like to receive this information by email.

Do you commission Tier 3 weight management services (sometimes called specialist weight management services)? (Yes/No)

If yes, please list these providers and the services they provide, including whether they are consultant-led or not.

For each non-consultant-led Tier 3 weight management service:

1. How many patients were waiting for treatment at the start of April 2024? (Please complete attached spreadsheet)
2. How many referrals to the Tier 3 weight management service were received per month from April 2024 to March 2025? (Please complete attached spreadsheet)
3. How many patients started treatment per month from April 2024 to March 2025? (Please complete attached spreadsheet)

For each consultant-led Tier 3 weight management service:

1. Please confirm whether RTT data is submitted by the provider.
2. Please confirm which Treatment function code (TFC) is used for this activity.
3. How many patients were waiting for treatment at the start of April 2024? (Please complete attached spreadsheet)
4. How many referrals were received per month from April 2024 to March 2025? (Please complete spreadsheet)
5. How many clock starts were there per month from April 2024 to March 2025 (Please complete attached spreadsheet)
6. What are the mechanisms used to record clock stops/first definitive treatments (e.g. appointment, information provided etc)?
7. Please provide the number of clock stops per month by mechanism from March 2024 to April 2025 (Please complete attached spreadsheet)

Additional information on RTT clock starts: https://www.england.nhs.uk/statistics/wp-content/uploads/sites/2/2021/05/Recording-and-Reporting-guidance-April_2021.pdf

Our Response

Tier 3 weight management services

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is available as part of our response to FOI ICB 24-348 which can be accessed on the NENC ICB FOI Disclosure Log at: [foi-icb-24-348-response-letter.pdf](#)

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

Non-consultant led Tier 3 weight management services

1. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested for non-consultant led weight management services. However, we have determined that the information is held by the acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those foundation trusts to make your request.

NENC Acute Hospital FTs	Email
County Durham and Darlington NHS FT	cdda-tr.cddftfoi@nhs.net
Gateshead Health NHS FT	ghnt.foi.enquiries@nhs.net
North Cumbria Integrated Care NHS FT	foirequest@cumbria.nhs.uk
North Tees and Hartlepool NHS FT	foi@nth.nhs.uk
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tees Hospitals NHS FT	foi@stees.nhs.uk
South Tyneside and Sunderland NHS FT	stsft.freedomofinformation@nhs.net
The Newcastle upon Tyne Hospitals NHS FT	nuth.freedom.information@nhs.net

2. Please refer to the response to question 1.
3. Please refer to the response to question 1.

Consultant led Tier 3 weight management services

1. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested for consultant led weight management services. However, we have determined that the information is held by the acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region. Please refer to the foundation trust FOI addresses provided above.
2. Please refer to the response to question 1.
3. Please refer to the response to question 1.
4. Please refer to the response to question 1.
5. Please refer to the response to question 1.
6. Please refer to the response to question 1.
7. Please refer to the response to question 1.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**