

Our Reference North East and North Cumbria ICB\
FOI ICB 25–211

North East and North Cumbria ICB
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Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
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By Email

12 September 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 29 August 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request information under the Freedom of Information Act 2000.

The purpose of this request is to gather data on the number of children referred to weight management services.

Specifically, please provide for each of the financial years: 2020/21, 2021/22, 2022/23, 2023/24 and (if available) 2024/25 to date, the total annual spend by your ICB on services primarily commissioned for the prevention or treatment of obesity.

For clarity:

- This may include (but is not limited to) lifestyle/weight management programmes and specialist obesity services commissioned for the prevention or treatment of obesity (for example, tier 2 community-based weight management programmes, tier 3 multidisciplinary/specialist weight management services, or any other services your ICB commissions that are primarily focused on obesity).
- I confirm that I am not seeking any personal or identifying information about individuals involved in these cases.

I would like you to provide the information in the following format:

www.northeastnorthcumbria.nhs.uk 

NorthEastandNorthCumbriaNHS 

NENC_NHS 

- Please provide the information in electronic format, preferably as an Excel spreadsheet or CSV file. Please avoid sending PDFs or Word documents if possible.

If you are unable to provide the specified information:

- If it is not possible to provide the information requested due to the information exceeding the cost of compliance limits identified in Section 12, please provide advice and assistance, under the Section 16 obligations of the Act, as to how I can refine my request.
- If you are unable to provide the specified information exactly as requested, please provide *any* data you have that is relevant to the request and explain why the other information cannot be provided.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

Prior to July 2022, commissioning for services was carried out by Clinical Commissioning Groups (North Cumbria, Northumberland, North Tyneside, Newcastle & Gateshead, South Tyneside, Sunderland, County Durham and Tees Valley).

CCGs and ICBs are not responsible for the commissioning of Tier 2 community-based services, this sits with Local Authorities.

2020/21	No service provision
2021/22	No service provision
2022/23	Secured partial funding from NHS England CYP transformation fund to develop service in South Tees £165k and ICB provided additional £165k.
2023/24	Secured full funding from NHSE CYP transformation fund to deliver service in South Tees £330k. Developed additional site in Newcastle and ICB funded £180k.
2024/25 to date	Continued funding from NHSE for South Tees and ICB funded Newcastle £190k.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for NENC local authorities and NHS England below.

NENC Local Authorities	Email
Cumbria County Council	information.governance@cumbria.gov.uk
Darlington Borough Council	freedomofinformation@darlington.gov.uk
Durham County Council	foi@durham.gov.uk
Gateshead Council	informationrights@gateshead.gov.uk
Hartlepool Borough Council	freedomofinformation@hartlepool.gov.uk
Middlesbrough Borough Council	foi@middlesbrough.gov.uk
Newcastle City Council	freedomofinformation@newcastle.gov.uk
North Tyneside Council	foiofficer@northtyneside.gov.uk
Northumberland County Council	foi@northumberland.gov.uk
Redcar & Cleveland Borough Council	informationgovernance@redcar-cleveland.gov.uk
South Tyneside Council	foi@southtyneside.gov.uk
Stockton-on-Tees Borough Council	foiandcomplaints@stockton.gov.uk

Sunderland City Council	freedom.information@sunderland.gov.uk
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NHS England	Email
NHS England	england.contactus@nhs.net Please write "Freedom of Information" in the subject line

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**