

Our Reference North East and North Cumbria ICB\
FOI ICB 25–178

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

27 August 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 5 August 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

1. Do you commission narcolepsy services?
2. If yes, please provide:
 - a. The name and location of the service(s).
 - b. The current Referral to Treatment Time (RTT).
 - c. The number of patients seen by the service in the most recent full financial year (to April 2025).
 - d. The number of patients the service is contracted to see.
 - e. Whether the service is commissioned through a block contract (Yes/No)
 - f. The key performance indicators (KPIs) or outcome measures used to monitor the service. Additionally, how the services performed against the set KPIs (outcome measures) for the latest available period of time

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Yes, NENC ICB does commission sleep services.
2. The details of services within the North East and North Cumbria region are:

www.northeastnorthcumbria.nhs.uk 

NorthEastandNorthCumbriaNHS 

NENC_NHS 

- North Cumbria Integrated Care NHS Foundation Trust provide Respiratory/ Sleep Studies.
- Northumbria Healthcare NHS Foundation Trust have a sleep service within their respiratory offer.
- Newcastle upon Tyne Hospitals NHS Foundation Trust have a "sleep service" which cares for patients with sleep conditions such as narcolepsy.
- There is no specifically commissioned sleep service in Gateshead Health NHS Foundation Trust.
- South Tyneside and Sunderland NHS Foundation Trust have sleep services within respiratory offer.
- County Durham and Darlington NHS Foundation Trust provides a sleep service, and this includes conditions such as narcolepsy and insomnia. The service forms part of their wider respiratory specification.

All services are commissioned through a block contract.

NENC ICB holds no further information on these services. Please redirect additional questions to the individual Foundation Trusts. For your reference, their FOI email addresses are listed in the table below:

NENC Acute Hospital FTs	Email
County Durham and Darlington NHS FT	cdda-tr.cddftfoi@nhs.net
Gateshead Health NHS FT	ghnt.foi.enquiries@nhs.net
North Cumbria Integrated Care NHS FT	foirequest@cumbria.nhs.uk
North Tees and Hartlepool NHS FT	foi@nth.nhs.uk
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tees Hospitals NHS FT	foi@stees.nhs.uk
South Tyneside and Sunderland NHS FT	stsft.freedomofinformation@nhs.net
The Newcastle upon Tyne Hospitals NHS FT	nuth.freedom.information@nhs.net

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**