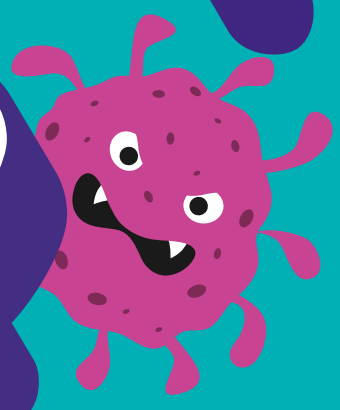
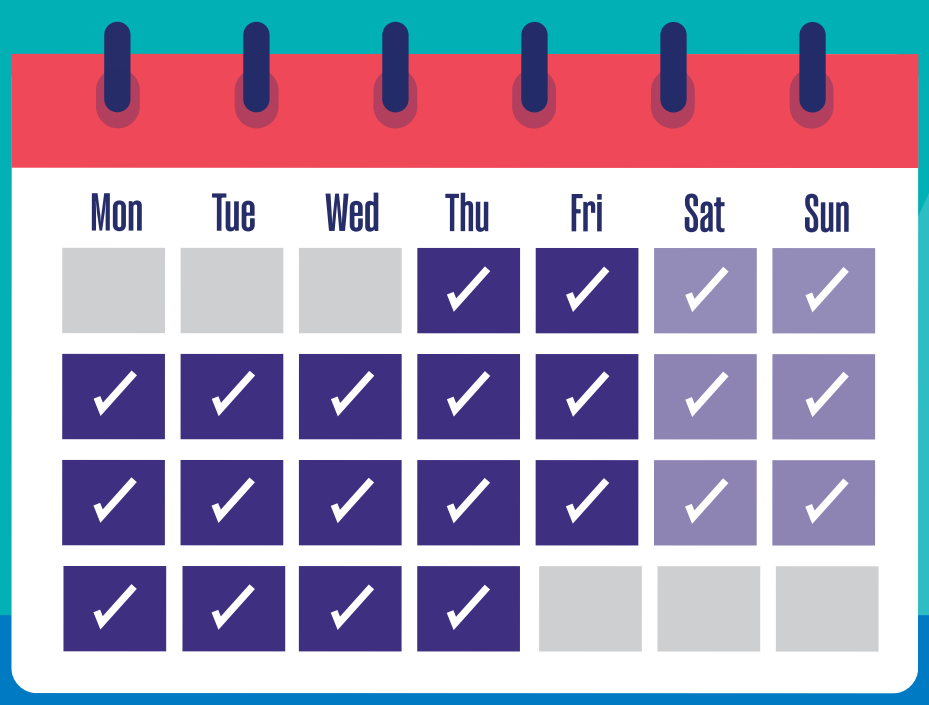
NHS

COUGH? COLD?



Antibiotics won't beat every bug.

90% of children will feel better in **2-4 weeks** with rest and care at home.





LITTLE BUG BUSTERS!

Check your child's symptoms on the Healthier Together app.

bitly

HERE TO HELP