

Our Reference North East and North Cumbria ICB\  
FOI ICB 25–518

North East and North Cumbria ICB  
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By Email

16 March 2026

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 11 March 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

I am writing to request information under the Freedom of Information Act 2000 regarding ADHD assessment and medication titration waiting times for patients referred under the NHS Right to Choose pathway.

This request relates specifically to services delivered by Psychiatry UK between January 2023 and March 2026.

Please provide any anonymised aggregated data, monitoring reports, or contract performance data held by your organisation relating to the following:

1. The total number of patients who completed an ADHD assessment with Psychiatry UK under the NHS Right to Choose pathway between January 2023 and March 2026.
2. The number of those patients subsequently placed on a medication titration waiting list.
3. The average and median waiting time between:
  - a. ADHD assessment completion
  - b. placement on the titration waiting list
  - c. commencement of medication titration.

4. Any equality monitoring data held in relation to ADHD referrals or titration pathways, including breakdowns by ethnicity where available (using standard NHS ethnicity categories).
5. Any contract monitoring reports, service performance reports, or dashboards held by your organisation which include waiting time metrics or access metrics for ADHD assessment or titration services delivered by Psychiatry UK.
6. Any internal reports, reviews, or audits conducted since January 2023 which analyse waiting times, service demand, or disparities in access to ADHD medication titration under the Right to Choose pathway.

If the requested dataset is not held directly by your organisation but is held by a contractor on your behalf as part of NHS service provision, please confirm this and advise whether the data falls within the scope of Section 3(2)(b) of the Freedom of Information Act 2000 (information held on behalf of a public authority).

If possible, I would appreciate the information being provided in machine-readable format such as CSV or Excel.

If the request exceeds the appropriate cost limit, please advise how the request could be refined in order to remain within the statutory limits.

## **Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by Psychiatry UK.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the link to their website: [Psych UK](#).

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**