

Our Reference North East and North Cumbria
ICB\FOI ICB783

[NECS – John Snow House](#)
Durham University Science Park
Durham
DH1 3YG

Tel: 0191 301 1300
E-mail: necsu.icbfoi@nhs.net

By Email

15 March 2024

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your Freedom of Information (FOI) request received by the North East and the North Cumbria Integrated Care Board (NENC ICB) on 21 February 2024.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland, and Stockton-on-Tees).

We have dealt with your request in accordance with your “right to know” under section 1(1) of the Freedom of Information Act 2000 (subsequently referred to as FOIA2000) which entitles you to be provided with information “held” by a public authority unless an appropriate exemption applies.

Your Request

I write to ask for some information under the Freedom of Information Act.

Q1) What specialist NHS referral services are provided for people suffering from sleep disorders (such as sleep apnoea, narcolepsy, insomnia)?

Q2) For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many adults were referred to these specialist clinics? What were the five most common conditions that were being treated?

Q3) For each of the last five calendar years (2019, 2020, 2021, 2022, 2023) how many children were referred to these specialist clinics? What were the five most common conditions that were being treated?

Q4) How many adults and children needed inpatient care for sleep disorders and what was the average stay?

Q5) What was the budget allocated each year for specialist sleep treatment centres?

Q6) For all of the above please provide a regional/localised breakdown where possible, as well as gender and age group.

Our Response

On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

This information will be held by the local trusts, so we suggest you redirect your request to them for a response via the contact details below.

NENC Acute Hospital FTs	Email
<i>County Durham & Darlington NHS FT</i>	<i>cdda-tr.cddftfoi@nhs.net</i>
<i>Gateshead Health NHS FT</i>	<i>ghnt.foi.enquiries@nhs.net</i>
<i>North Cumbria Integrated Care NHS FT</i>	<i>foirequest@cumbria.nhs.uk</i>
<i>North Tees & Hartlepool NHS FT</i>	<i>foi@nth.nhs.uk</i>
<i>Northumbria Healthcare NHS FT</i>	<i>foi@northumbria.nhs.uk</i>
<i>South Tees Hospitals NHS FT</i>	<i>foi@stees.nhs.uk</i>
<i>South Tyneside and Sunderland NHS FT</i>	<i>ststf.freedomofinformation@nhs.net</i>
<i>The Newcastle Upon Tyne Hospitals NHS FT</i>	<i>nuth.freedom.information@nhs.net</i>

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Information Governance Officer using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire

SK9 5AF

www.ico.org.uk

Yours sincerely

Paul Atkinson

Paul Atkinson
Information Governance Officer