



# North East and North Cumbria

Our Reference      North East & North Cumbria  
ICB FOI 532

NECS - John Snow House  
Durham University Science Park  
Durham  
DH1 3YG

Tel: (0191) 301 1300  
E-mail: [Necsu.icbfoi@nhs.net](mailto:Necsu.icbfoi@nhs.net)

04 October 2023

By Email

Dear

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 13 September 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

**Your Request and Our Response**

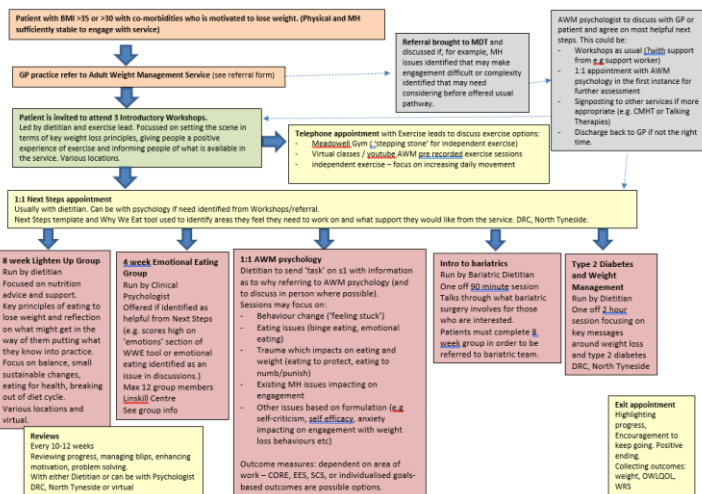
I am writing on behalf of PHAST CIC (Public Health Action Support Team CIC) which is currently engaged in a project aimed at comprehensively understanding the T3 (Tier 3) obesity care provision across the United Kingdom and audit against NICE guidelines.

In light of this initiative, we kindly request the following information under the Freedom of Information Act 2000:

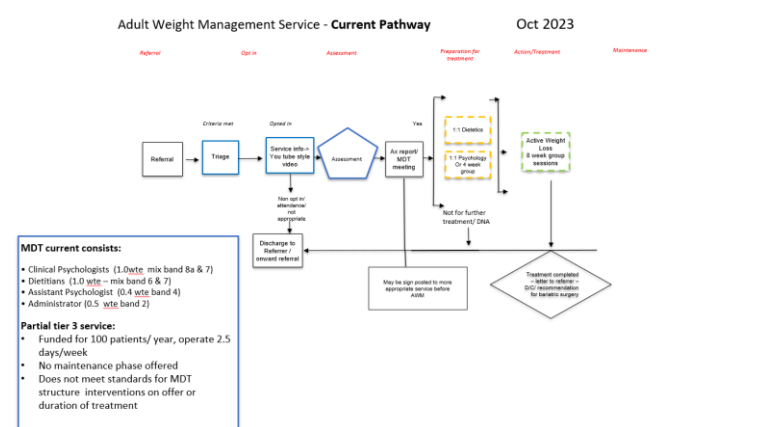
1. Details of T3 Pathways:

a. Please provide a comprehensive outline of the T3 obesity care pathways within your ICB

## Northumbria

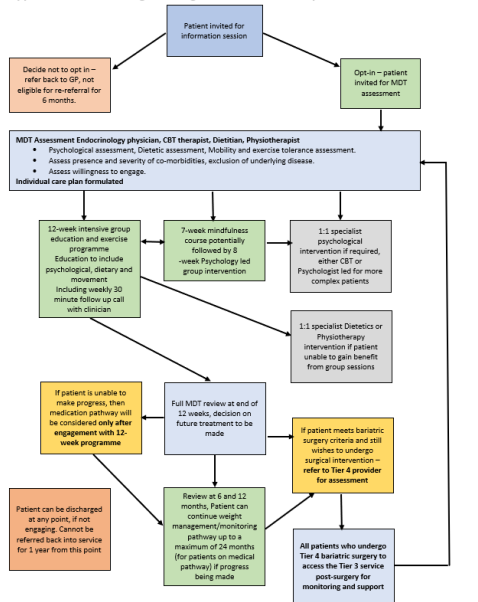


## Newcastle

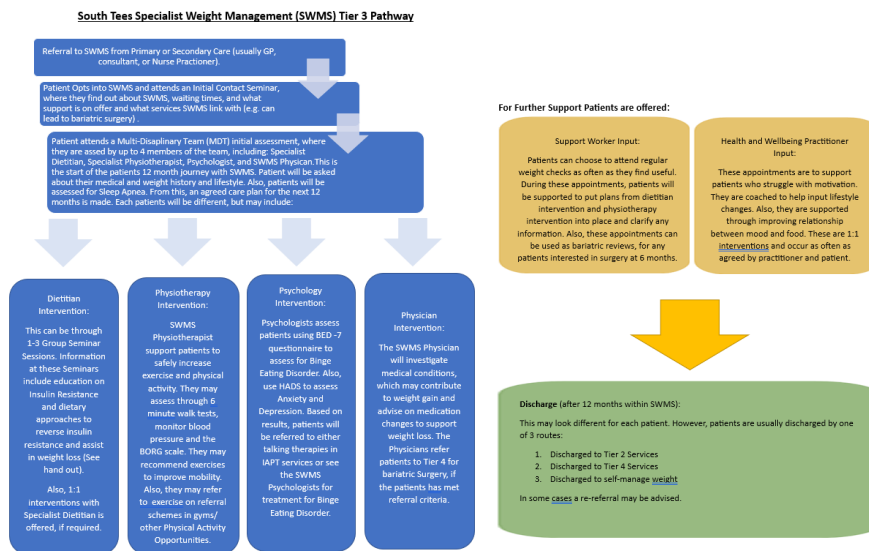


## North Cumbria

Appendix 2.1: Tier 3 Weight Management Patient Journey



## South Tees



## CDDFT



GP Information  
Leaflet V3.pub

## 2. Providers of T3 Pathways:

a. Include the names of providers involved in delivering T3 services within your ICB during this specified timeframe.

*Northumbria Healthcare NHS Foundation Trust*

*Newcastle Hospitals NHS Foundation Trust*

*North Cumbria Integrated Care NHS Foundation Trust*

*South Tees Hospitals NHS Foundation Trust*

*County Durham & Darlington NHS Foundation Trust*

b. Please can you specify if appointments take place face to face, virtually, both or unknown.

*Both but predominantly face to face*

## 3. Volume of Referrals:

a. Please disclose the total number of referrals made to T3 obesity care services within your ICB between April 1, 2022, and March 31, 2023.

## 4. Patients Commencing T3 Treatment:

a. Provide the number of patients who commenced T3 obesity treatment within your ICB during the same period of time (April 1, 2022, to March 31, 2023).

*Further to the above, the answers to questions 3 and 4 will need to be obtained from the Foundation Trusts as follows:*

<b>NENC Acute Hospital FTs</b>	<b>Email</b>
<i>County Durham &amp; Darlington NHS FT</i>	<i>cdda-tr.cddftfoi@nhs.net</i>
<i>Gateshead Health NHS FT</i>	<i>ghnt.foi.enquiries@nhs.net</i>
<i>North Cumbria Integrated Care NHS FT</i>	<i>FOIrequest@cumbria.nhs.uk</i>
<i>North Tees &amp; Hartlepool NHS FT</i>	<i>foi@nth.nhs.uk</i>
<i>Northumbria Healthcare NHS FT</i>	<i>foi@northumbria.nhs.uk</i>

South Tees Hospitals NHS FT	foi@stees.nhs.uk
South Tyneside and Sunderland NHS FT	stsft.freedomofinformation@nhs.net
The Newcastle Upon Tyne Hospitals NHS FT	nuth.freedom.information@nhs.net

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.org.uk](http://www.ico.org.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*Pamela Coxon*

**Pamela Coxon**  
**Information Governance Officer**