

Our Reference North East and North Cumbria ICB\
FOI ICB 26-067

North East and North Cumbria ICB
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By Email

21 May 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 15 May 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000, please provide the following data regarding ADHD and Autism (ASD) diagnostic services within this ICB for the financial year 2025/26 (to date) [and 2024/25 if available].

If data is not held for this specific year, please provide the most recent period for which data is available or, as Bristol did (see below), their 'current rate'.

1. Locally Commissioned NHS Services:

For your primary NHS-commissioned providers (Trust-led services), please provide the 'conversion rate' (the percentage of completed assessments that resulted in a formal diagnosis) for:

- a. Children & Young People (CYP) Autism
- b. Children & Young People (CYP) ADHD
- c. Adult Autism
- d. Adult ADHD

2. Right to Choose (RTC) / Independent Providers

For assessments funded by the ICB via the 'Right to Choose' pathway, please provide the aggregate 'conversion rate' for:

www.northeastnorthcumbria.nhs.uk 

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NENC_NHS 

- a. CYP Autism
- b. CYP ADHD
- c. Adult Autism
- d. Adult ADHD

Note: If your records for RTC providers do not distinguish between age groups, please provide the total aggregate conversion rate for the condition regardless of age (e.g., Autism all-ages).

3. Raw Data

If a calculated percentage is not held, please provide the disaggregated raw volume data:

- a. Total number of diagnostic assessments completed.
- b. Total number of positive diagnoses issued. (Please provide this breakdown by Local NHS Providers vs. Independent/RTC Providers).

This request follows findings from [BNSSG ICB \(FOI.ICB-2526/333\)](#) which revealed a significant disparity in conversion rates—circa 90% for RTC providers versus 30-50% in local services. I am seeking to determine if this is a consistent trend across other ICBs.

My understanding is that the government mandated that ICBs should record diagnosis rates accurately from 2025, including the percentage of people assessed who received a diagnosis of [ADHD](#) and [autism](#). All contracted providers under RTC are required to submit outcome-based coding (diagnoses and discharges) by Autumn 2025.

Please provide this in an editable format (Excel/CSV). If you believe this request will exceed the cost limit, please contact me to discuss how the request can be refined (for example, by limiting it to a single financial year).

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by Right to Choose providers and the mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for the foundation trusts to make your request.

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT	tewv.foi@nhs.net

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**