



BE WISE IMMUNISE

3 reasons to vaccinate your child against flu

- 1 No injection needed.** The nasal spray* is quick, painless and more effective in children than an injection.
- 2 Flu spreads easily.** Some children, who get flu become seriously ill and may have to go into hospital - vaccinating your child helps to protect them and also vulnerable family members and friends.
- 3 It's safe.** Millions of children in the UK have already been vaccinated successfully.



How to protect your child

- 2–3-year-olds will be offered the flu nasal spray at their GP practice in September. If you haven't been contacted by mid-October, please contact your practice. From October the vaccine will also be available at participating pharmacies – you can book an appointment online at www.NHS.uk.
- School age children (up to year 11) – You will be asked by the School Age Immunisation Service to give your consent, so your child can have their free nasal spray vaccination at school. Please complete and return the consent form as soon as you receive it.
- Children with a high-risk health condition will also be invited, by their GP, for their flu vaccination and should take it up as soon as possible. Some of these children may also be offered a COVID-19 vaccination.

*The nasal spray may not be suitable for a very small minority of children. Some of these can have an injection instead.

Find out more at www.nhs.uk

