

Our Reference North East and North Cumbria ICB\
FOI ICB 24-009

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By Email

8 April 2024

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 3 April 2024 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

I would like to request the following information about mental health support for children and young people aged 11 to 25 in North East and North Cumbria under the Freedom of Information Act.

1. Which NHS trusts provide CAMHS?
2. Which CAMHS services are offered? Please list these services.
3. Do you operate a 0-25 service?
4. Can young people self-refer to CAMHS?
5. Which of the following non-specialist publicly funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data):
 - a. Social prescribing
 - b. Bereavement services
 - c. Peer support
 - d. Mental Health Support Teams
 - e. School counsellors, mentors, or pastoral or key support workers
 - f. Educational psychologists
 - g. Youth groups

- h. Wellbeing cafes or mental health drop-in services
 - i. Youth information, advice and counselling services (YIACS) / early support hubs
 - j. Advice line for mental health issues
 - k. Targeted service(s) for LGBTQ+ young people
 - l. Targeted service(s) for young people from minority ethnic / racialised communities
 - m. Targeted service(s) for other underserved groups (please list here)
 - n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)
 - o. Art or music therapy
 - p. Online support service / app
 - q. Occupational therapy
 - r. Any other service (please list here)
6. Do any of the following exist in your area (please answer yes or no and elaborate if necessary):
- a. A CAMHS or young people's mental health partnership board?
 - b. A designated individual or team who coordinates partnership working across services for children and families / settings?
 - c. Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?
 - d. Evaluation of young people's outcomes following engagement with services?
 - e. A young people's advisory group or official mechanism for young people to feed into service design and improvement?
7. Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary.
8. Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.
9. Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary.
10. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary.
11. Do you have a publicly available up-to-date list or directory of voluntary, community and social enterprise (VCSE) sector young people's mental health services? Please answer yes or no and elaborate if necessary.
12. Do you involve the VCSE sector in any of the following?
- a. Planning / designing services. Please answer yes or no and elaborate if necessary.
 - b. As delivery partners – e.g. young people are referred to services offered by the VCSE sector. Please answer yes or no and elaborate if necessary.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

In response to your question 1, the trusts providing CAMHS services within the North East and North Cumbria ICB region are Northumbria Healthcare NHS Foundation Trust (FT), Cumbria, Northumberland, Tyne & Wear NHS FT and Tees, Esk & Wear Valley NHS FT.

In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested for questions 2 to 12.

The North East and North Cumbria Integrated Care Board (NENC ICB) does not hold the records which you have sought. However, we have determined the records are held by Acute and Mental Health Hospital NHS Foundation Trusts within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those hospitals who provide CAMHS to make your request.

NENC Acute Hospital FTs	Email
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne & Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk & Wear Valley NHS FT	tewv.foi@nhs.net

Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer