

Our Reference North East and North Cumbria ICB\
FOI ICB 25-477

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

9 March 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 19 February 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

We are currently reviewing the Adult ADHD Pathway in our area. We are considering options for potentially implementing an ADHD single point of access/triage function to help manage all ADHD referrals. We are also looking at a possible clinical threshold for assessment. We would love to learn about what this looks like in other areas. We would be most grateful for a response to the below questions.

1. Do you have a clinical threshold for determining whether an individual will receive an ADHD assessment and if so, please can you share it with us?
2. Do you operate a single point of access or triage service that manages all ADHD assessment referrals? If yes, can you please share details of the model?
3. Do you commission any support services for patients either with ADHD or waiting for an assessment? If yes, please outline what these offers are.
4. Would you be happy to have a 30-minute teams meeting to discuss the above in more detail. If yes, please provide a contact name and email address for us to get in touch.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information requested.

1. We do not currently have a clinical threshold for determining whether an individual will receive an ADHD assessment.
2. We do not currently operate a single point of access or triage service.
3. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is available on the ICB's website: [Attention Deficit Hyperactivity Disorder \(ADHD\) and Autism | NENC ICB](#).

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

4. Linda Reiling is NENC ICB's Deputy Director of Transformation. Her email address is linda.reiling@nhs.net.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**