

Our Reference North East and North Cumbria ICB\
FOI ICB 25-043

North East and North Cumbria ICB
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By Email

8 May 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 1 May 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to you under the Freedom of Information Act (2000) to request information from your organisation about the provision of weight loss services.

1. Does the ICB provide tier 3 weight loss services for:
 - adults?
 - children?
2. Does the ICB provide tier 4 weight loss services for:
 - adults?
 - children?
3. What is the local adult population eligible for tier 3/4 weight loss services? (E.g. Estimated number of adults with BMI of 35 kg/m² or more plus 1 or more comorbidities, or with a BMI of 40 kg/m² or more with or without comorbidities)
4. What is the local child population eligible for tier 3/4 weight loss services? (E.g. Estimated number of children with BMI of 35 kg/m² or more plus 1 or more comorbidities, or with a BMI of 40 kg/m² or more with or without comorbidities)
5. How many adults did you / do you plan to provide tier 3/4 weight loss services to in the financial year:
 - 2023/4

- 2024/5
 - 2025/6
6. How many children did you / do you plan to provide tier 3/4 weight loss services to in the financial year:
- 2023/4
 - 2024/5
 - 2025/6

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. NENC ICB provides tier 3 weight loss services for both adults and children.
2. NENC ICB provides tier 4 weight loss services for adults. NENC ICB does not provide tier 4 weight loss services for children.
3. Please refer to the attached Adult Health Care Needs Assessment document.
4. Please refer to the attached CYP Health Care Needs Assessment document.
5. The table below shows the planned weight loss services provided/planned for adults:

Year	Tier 3	Tier 4
2023/24	4000	Information not held
2024/25	4000	Information not held
2025/26	4000	Information not held

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information for Tier 4 weight loss services. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. We would advise that you redirect your questions to weight loss services providers.

6. The table below shows planned weight loss services provided/planned for CYP:

Year	Tier 3	Tier 4
2023/24	100	See question 2 response
2024/25	200	See question 2 response
2025/26	200	See question 2 response

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**