

Our Reference North East and North Cumbria ICB\  
FOI ICB 24–180

NECS – John Snow House  
Durham University Science Park  
Durham  
DH1 3YG

Tel: 0191 301 1300  
E-mail: [necsu.icbfoi@nhs.net](mailto:necsu.icbfoi@nhs.net)

By Email

5 August 2024

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 19 July 2024 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000.

The ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the five local authorities of Darlington, Hartlepool, Middlesbrough, Redcar and Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

For each sub-ICB location (using the latest boundaries) in your area, could you provide the number of young people aged 11 to 25 inclusive who presented in A&E or urgent care with a mental health diagnosis in calendar years 2017, 2019, 2021, and 2023?

Additionally, please split this data into two age groups: 11-18 and 19-25.

Please include diagnoses with the following ICD-10 codes in any diagnostic position:

- F20-29: Schizophrenia, schizotypal and delusional disorders
- F30-39: Mood disorders
- F40-49: Neurotic, stress-related and somatoform disorders
- F50-59: Behavioural syndromes associated with physiological disturbances and physical factors.
- F60-69: Disorders of adult personality and behaviour.
- F90-98: Behavioural and emotional disorders with onset usually occurring in childhood and adolescence.
- F99: Unspecified mental disorder

- G47: Disorders of initiating and maintaining sleep [insomnias]
- Z91.5: Personal history of self-harm

## Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB does hold the information you have requested. However, the ICB holds partial data sets and numbers held for each diagnostic code are below 5, so these have been suppressed.

We have determined that the information is held by the acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region. In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those acute hospitals to make your request.

| NENC Acute Hospital FTs                  | Email                              |
|--|------------------------------------|
| County Durham and Darlington NHS FT      | cdda-tr.cddftfoi@nhs.net           |
| Gateshead Health NHS FT                  | ghnt.foi.enquiries@nhs.net         |
| North Cumbria Integrated Care NHS FT     | foirequest@cumbria.nhs.uk          |
| North Tees and Hartlepool NHS FT         | foi@nth.nhs.uk                     |
| Northumbria Healthcare NHS FT            | foi@northumbria.nhs.uk             |
| South Tees Hospitals NHS FT              | foi@stees.nhs.uk                   |
| South Tyneside and Sunderland NHS FT     | stsft.freedomofinformation@nhs.net |
| The Newcastle upon Tyne Hospitals NHS FT | nuth.freedom.information@nhs.net   |

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
 Wycliffe House  
 Water Lane  
 Wilmslow  
 Cheshire  
 SK9 5AF

[www.ico.org.uk](http://www.ico.org.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*S Davies*

**S Davies**  
**Information Governance Officer**