

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25–179

North East and North Cumbria ICB  
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By Email

27 August 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 5 August 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Under the Freedom of Information Act 2000, we request the following information regarding your organisation's commissioning and provision of Structured Diabetes Education (SDE) for people living with Type 1 and Type 2 Diabetes.

Additionally, we seek information about commissioning and provision of services or education for individuals with gestational diabetes. Please provide answers to the following:

1. Who is the lead or main contact responsible for commissioning SDE for Type 1 Diabetes within your ICB? Please include name, job title, and contact email if available.
2. Who is the lead or main contact responsible for commissioning SDE for Type 2 Diabetes? Please include name, job title, and contact email if available.
3. Please confirm the name(s) of the provider(s) currently delivering SDE for both Type 1 and Type 2 Diabetes and the specific course(s) they provide (e.g., DESMOND, DAFNE, or others).
4. How many people were referred for Type 2 Diabetes Structured Education (SDE) during the most recent full financial year (April 2024 – March 2025)?
5. Of those referred for Type 2 Diabetes SDE, how many completed the full course?
6. How many individuals are currently on a waiting list for Type 2 Diabetes SDE?
7. What is the current average waiting time from referral to first education session for Type 2 Diabetes SDE?

8. What formats of structured education are offered (e.g., face-to-face, online live sessions, digital self-guided)?
9. Does your ICB provide any education or support for people diagnosed with gestational diabetes? If so, please include the name(s), format(s), and provider(s) if available.
10. Who is the lead contact for commissioning or overseeing gestational diabetes care and support (e.g. education, monitoring)? Please include name, job title, and contact email if available.

## Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. In NENC ICB there is no single lead who commissions Structured Diabetes Education. Programmes are currently commissioned via Local Delivery Teams. This is typically for Type 2 diabetes with education courses for people with Type 1 diabetes delivered as part of specialist care.

Some courses such as Digibetes, Diabetes Prevention Programme, Diabetes Remission Programme, Digital Weight Management programme and the Diabetes Healthy living programme are commissioned by NHS England and are available to all within defined criteria.

The strategic lead for diabetes is Gillian Johnson, Programme Lead, Healthier and Fairer, NENC ICB, email [Gillian.johnson13@nhs.net](mailto:Gillian.johnson13@nhs.net)

2. Gillian Johnson is the lead for commissioning SDE for Type 2 Diabetes. Her details were provided in the response to question 1.
3. Please refer to the attached slides.
4. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, this is available on the National Diabetes Audit website: [National Diabetes Audit](https://www.nda.nhs.uk/)

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

5. Please refer to the response to question 4.
6. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.
7. Please refer to the response to question 6.
8. Please refer to the attached slides.
9. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email addresses for those foundation trusts to make your request.

<b>NENC Acute Hospital FTs</b>	<b>Email</b>
County Durham and Darlington NHS FT	cdda-tr.cddftfoi@nhs.net
Gateshead Health NHS FT	ghnt.foi.enquiries@nhs.net
North Cumbria Integrated Care NHS FT	foirequest@cumbria.nhs.uk
North Tees and Hartlepool NHS FT	foi@nth.nhs.uk
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tees Hospitals NHS FT	foi@stees.nhs.uk
South Tyneside and Sunderland NHS FT	stsft.freedomofinformation@nhs.net
The Newcastle upon Tyne Hospitals NHS FT	nuth.freedom.information@nhs.net

10. Gillian Johnson is the lead for commissioning or overseeing gestational diabetes care and support. Her details were provided in the response to question 1.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**