

Our Reference North East and North Cumbria ICB\
FOI ICB 25-041

North East and North Cumbria ICB
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By Email

2 May 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 30 April 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing under the Freedom of Information Act 2000 to request information about the commissioning and provision of Falls Management Exercise (FaME) programmes. FaME is a group based structured falls prevention programme delivered by Postural Stability Instructors (PSIs) trained by Later Life Training. It may be delivered under different local names.

Please answer the following questions in relation to your organisation's commissioning and/or provision of FaME during the financial year 1 April 2024 to 31 March 2025.

1. Commissioning: Did your organisation commission any FaME programmes delivered by PSIs during this period? (Yes/No/No, but we have done so in the past)
2. Provision: Did your organisation provide any FaME programmes delivered by PSIs during this period? (Yes/No/No, but we have done so in the past)
3. Participation: Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period? (Enter number or nearest estimate)
4. Programme Duration: What is the typical length of the programme funded per participant? (E.g., 6 weeks, 12 weeks, 24 weeks (Enter duration))
5. Toolkit Usage: Have you used the FaME Implementation Toolkit to support its commissioning or provision? (Yes/No/Not sure)

6. Follow-Up: Would your organisation be willing to be contacted for further information about your programme(s)? (Yes/No)

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. No, NENC ICB did not commission any FaME programmes delivered by PSIs during the financial year 1 April 2024 to 31 March 2025.
2. NENC ICB did not provide any FaME programmes delivered by PSIs during this period.
3. Please refer to the responses to questions 1 and 2.
4. Please refer to the responses to questions 1 and 2.
5. Please refer to the responses to questions 1 and 2.
6. Please refer to the responses to questions 1 and 2.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**