

Foot examination (in primary care):

1. Foot: Deformity or callus
2. Arteries: Palpate dorsalis pedis and posterior tibial pulses
3. Neuropathy: 10g monofilament
4. Active foot disease

Out of hours/ weekends advice:

1. If foot infected: give antibiotics as indicated below*. Advise minimal weight bearing on affected foot if weight-bearing surface affected. Refer as active foot disease below.
2. If Charcot Foot suspected: Advise patient to completely avoid weight bearing on affected foot. Refer to multidisciplinary foot team as active foot disease below.
3. If systemic features of sepsis: Follow life/limb threatening pathway below



*If foot is ulcerated & infected give co-amoxiclav 625mg TDS (severe penicillin allergy/ previous MRSA : doxycycline 100mg bd AND trimethoprim 200mg bd)