



BE WISE IMMUNISE

3 reasons to vaccinate your child against flu

- 1 No injection is needed!** The nasal spray* is quick, painless, and more effective in children than an injection – protecting not only against flu but against serious complications such as bronchitis and pneumonia.
- 2 Flu spreads easily.** Vaccinating your child will also help protect vulnerable family members and friends.
- 3 It's safe,** millions of children in the UK have already been vaccinated successfully.

* The nasal spray is may not suitable for a very small minority of children. Some of these can have an injection instead.

Find out more at www.nhs.uk/child-flu





HOW TO PROTECT YOUR CHILD

- 2–3 year olds will be given the flu vaccine at their GP surgery. If you haven't been invited by mid-October, contact your GP practice.
- School-age children (up to year 11) - You'll be asked by the School Age Immunisation Service to give your consent so your child can have their free vaccination at school. **Please complete the consent form as soon as possible.**
- Children under 18 with a high-risk health condition, and those living with someone who has, can get the free flu vaccine from their GP. They'll also be eligible for a COVID-19 autumn booster.

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