

Our Reference North East and North Cumbria ICB\
FOI ICB 25–512

North East and North Cumbria ICB
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By Email

11 March 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 9 March 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request anonymised data under the Freedom of Information Act regarding ADHD assessment and medication titration waiting times. I am seeking to explore whether there is any correlation between patient ethnicity and waiting time for titration.

My specific request is for anonymised data for all patients who completed an ADHD assessment with Psychiatry UK between January 2023 and March 2026, including:

- Ethnicity (standard NHS ethnicity categories: White, Black, Asian, Mixed, Other, Not Stated)
- Month and year of the ADHD assessment
- Month and year the patient was added to the titration waitlist
- Month and year titration commenced

This request is made due to concerns regarding titration delays (10 months or more as documented) and the potential for unequal access or outcomes. Cited examples include the Born in Bradford study, NHS England analyses of ADHD prescribing patterns, and reports from the Children's Commissioner regarding ethnic disparities in mental health service access.

A satisfactory outcome would be the provision of the anonymised dataset in machine readable format (CSV or Excel) within 10 working days. If the request is refused or the response is unsatisfactory, I may escalate the matter to the Information Commissioner's Office, the General Medical Council (if relevant), or explore legal options supported by the Public Sector Equality Duty and applicable NHS contractual terms. This request is made with full awareness of the legal context, including Psychiatry UK's status as an NHS contractor and relevant equality and transparency obligations.

Our Response

On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**