

Our Reference North East and North Cumbria ICB\
FOI ICB 24–326

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By Email

12 December 2024

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 21 November 2024 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000.

The ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the five local authorities of Darlington, Hartlepool, Middlesbrough, Redcar and Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

I would like to request the following information about the provision of mental health support for babies, children and young people aged 0 to 25, in NHS North East and North Cumbria ICB under the Freedom of Information Act.

For the purposes of this FOI, we define support for babies, children and young people aged 0 to 25 as services accessible to people in this age group, including services offered only to this age group. If you are funded to provide services to children and young people, but do not have data to break this information down between children and young people and adults, please state this in your response. If you are funded to provide services available to children and young people of different ages (such as services for 11–18-year-olds or services for early years) please state this in your response. This can also include support to parents/carers to equip them to support their children's mental health.

What is your total budget (commissioning budget envelope) and total spend for mental health support to babies, children and young people aged 0-25 for each of the following years (2018/19; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24).

Please also break down these figures into your total budget and spend into the following three categories:

1. **Specialist Services:** What is your total budget (commissioning budget envelope) and total spend for each of the years (2018/19; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for specialist services which we define as including, but not limited to; inpatient care, crisis and risk support (including day hospitals, home treatment teams and very specialist services), and specialist secondary care CAMHS.

If NHS North East and North Cumbria ICB provides other specialist services not listed, please list and include budget and spending figures. If you hold this data, please list figures broken down by type of specialist service.

2. **Community CAMHS:** What is your total budget (commissioning budget envelope) and total spend for each of the years (2018/19; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) for Community CAMHS which we define as NHS services delivered in the community, outside of specialist services (as defined above).

If you hold this data, please list the types of service you provide under community CAMHS in NHS North East and North Cumbria, and list budget and spending figures broken down by each service.

3. **Non-specialist services:** What is your total budget (commissioning budget envelope) and total spend for each of the years (2018/19; 2019/20; 2020/21; 2021/22; 2022/23; 2023/24) on non-specialist services which we define as services delivered outside of NHS community mental health settings (formerly Tier 3) and inpatient settings (formerly Tier 4) – for children and young people. Within this definition we exclude signposting services and services that only provide referrals. If you hold this data, please list spending figures broken down by type of specialist service. This may include, but is not limited to, the following:
 - Social prescribing
 - Bereavement services
 - Peer support
 - Mental Health Support Teams
 - School counsellors, mentors, or pastoral or key support workers
 - Educational psychologists
 - Youth groups
 - Wellbeing cafes or mental health drop-in services
 - Youth information, advice and counselling services (YIACS)
 - Early support and mental health hubs
 - Advice line for mental health issues
 - Support for parents who have children with poor mental health (please specify early years, 5-11, 12-18, 18 plus, if you hold the data).
 - Targeted service(s) for LGBTQ+ children and young people; children and young people from minority ethnic / racialised communities; children in care and care leavers; for other underserved children and young people (please list).
 - Targeted service(s) for children and young people on waiting lists for access to NHS mental health services (formerly tier 3)
 - Art or music therapy
 - Online support service / app
 - Occupational therapy

- Specific services or approaches for underserved groups including minority ethnic children and young people, LGBT+ children and young people, children and young people with Special Educational Needs and Disabilities, young people at risk of criminal exploitation, etc.

If NHS North East and North Cumbria ICB provides any additional non-specialist services not included in the above list, please list here, and include relevant budget and spending data in the above request for information.

If your budget is pooled with another body i.e. neighbouring local authority, Police and Crime Commissioner etc, please specify.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. The ICB doesn't split budget and expenditure into the categories requested. The total spend for CAMHS services for the ICB for the years in requested is as follows:

	18-19 £000	19-20 £000	20-21 £000	21-22 £000	22-23 £000	23-24 £000
Total spend	52,958	55,205	61,057	63,503	71,746	69,681

2. The ICB doesn't split budget and expenditure into the categories requested, please see our response to question 1 for total spend on CAMHS services within the ICB.
3. The ICB doesn't split budget and expenditure into the categories requested, please see our response to question 1 for total spend on CAMHS services within the ICB.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane

Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer