

Our Reference North East and North Cumbria ICB\
FOI ICB 26–247

North East and North Cumbria ICB
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By Email

21 August 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 16 August 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act 2000, please provide the following recorded information held by the ICB as at the date of this request:

1. The ICB's current process, criteria or guidance for assessing provider qualification requests under regulations 42B–42C of the National Health Service Commissioning Board and Clinical Commissioning Groups (Responsibilities and Standing Rules) Regulations 2012, as amended, for patient-choice services;
2. The current local terms and conditions applicable to supporting schedules for services of this kind;
3. Any service specification for adult ADHD diagnostic assessment commissioned under patient choice;
4. Any Provider Selection Regime or contract-award notices for adult ADHD assessment services;
5. A list of providers currently holding relevant contracts for adult ADHD assessment;
6. Contract start, expiry and extension dates for those contracts, where recorded;
7. The number of adult ADHD assessment referrals made under patient choice in the last 12 months for which figures are held, and any current waiting-time data for adult ADHD assessment.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Providers can express an interest to deliver services to the ICB for Patient Choice by registering an interest on the ICB's e-tendering platform Atamis (see attached Appendix 1). Appendix 2 shows the initial questions providers are asked to complete when expressing an interest. If the service/provider is eligible to be assessed for patient choice based on their response to these initial questions, providers must complete a 'Form A'. Appendix 3 provides an example of the most up to date Form A. This example specifically relates to ADHD and Autism services.
2. The ICB would award patient choice contracts using the NHS Standard Contract 26-27 and any subsequent revisions.
3. Please refer to Appendix A, attached.
4. Provider selection regime or contract-award notices for adult ADHD assessment services are noted below:

2026/S 000-020184
2026/S 000-020179
2026/S 000-020008
2026/S 000-019939
2026/S 000-019771
2026/S 000-019920
2026/S 000-019622

5. Providers currently holding relevant contracts for adult ADHD assessment:

The Owl Centre
Neurospectrum Limited
Psych UK Limited
Teledoctor t/a Problem Shared
The Centre for ADHD Research and Excellence Limited t/a Care ADHD
Shropshire Autism Services Limited t/a The Autism Service
The Validium Group t/a Healthhero Solutions

6. The contract start date is 1 April 2026 and the contract end date is 31 March 2031.
7. NENC ICB does not hold information on GP referrals into RTC providers. Current waiting times are aligned with NENC ICB Adult ADHD commissioning policy at 78 weeks from referral acceptance to assessment for this financial year

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**