

Our Reference North East and North Cumbria ICB\
FOI ICB 25–429

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

11 February 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 20 January 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to you under the Freedom of Information Act 2000 to request the following information from the ICB learning disability and autism team or C(E)TR team relating to Care Education and Treatment Reviews (C(E)TRs) for the year 2025:

1. Total number of C(E)TRs undertaken in 2025, broken down by:
 - CYP inpatient
 - CYP community
 - Adult inpatient
 - Adult community
 - Secure services (if available)
2. Total cost of all C(E)TRs for the ICB in 2025.
3. Average cost per C(E)TR, including travel and subsistence. If available, please also include average costs for hospital and community staff time.
4. Number of cancelled C(E)TRs within the following timeframes, and the reasons for cancellation:
 - Within 48 hours
 - Within 24 hours

- On the day
5. Total number of delegated chairs, Experts by Experience, and clinical reviewers operating within your area.
 6. Whether an average time/cost is calculated to set up a C(E)TR, and if so, please provide the figure and methodology used.
 7. Staffing count to plan, manage, and run C(E)TRs across the ICB, broken down into CYP and Adult teams.

Please provide the information in the form of an Excel document or PDF, if possible.

If the information requested exceeds the cost of compliance limits identified in Section 12 of the Act, please provide advice and assistance under Section 16 on how I can refine the request to make it compliant. Any suggestions on narrowing the scope or format would be appreciated.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. C(E)TRs undertaken in 2025:
 - CYP community: 16
 - Adult inpatient: 186
 - Adult community: 14

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information for CYP inpatient and secure services. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by the Provider Collaborative and NHS England Specialised Commissioning.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided contacts for those organisations.

Organisations	Email
NENC Provider Collaborative	nenc.providercomms@nhs.net
NHS England	england.contactus@nhs.net Please write "Freedom of Information" in the subject line.

2. EbyEs and Clinical Reviewers approximate annual cost is £71,620. ICB Case Managers cover a wide range of responsibilities, the chairing of C(E)TRS is one of those responsibilities. We are unable to disaggregate the costs for case managers.
3. The Chair is employed by ICB, however, the ICB is unable to disaggregate the costs as we do not have dedicated Chairs who do not perform other roles and responsibilities. Clinical Reviewer cost is £350 EBE – £250 plus mileage if travelling. The approximate average cost is £700 plus mileage (which varies).
4. Number of cancelled C(E)TRs and the reasons for cancellation:

- *Within 48 hours:* 2 due to no documentation being received from the wards
 - *Within 24 hours:* zero
 - *On the day:* 7 with reasons including people important to individuals' care not attending; IT issues so meeting could not be held with full panel, one stood down due to patient crisis.
5. Total number of delegated chairs, Experts by Experience, and clinical reviewers:
- *Delegated Chair:* we do not delegate the chairing of meetings. The ICB senior case managers chair, occasionally delegating chairing to case managers in the complex care team, if required. There are 6 ICB senior case managers.
 - *Experts by Experience:* 6 to 8 (number fluctuates according to availability)
 - *Independent Clinical Reviewers:* 10
6. There is no average time or cost to set up a C(E)TR. The time required to set up and arrange a C(E)TR meeting is variable depending on communication with the ward and relevant staff involved with individual's care. The meeting time is set to a 30-minute panel meeting, 30-minute panel and individual/family meeting, approximately 2 hours for main meeting and a 30-minute post meeting if required by panel to complete documentation relating to the meeting (KLOE actions and recommendations). The approximate cost is as the above cost per C(E)TR provided in response to question 2.
7. C(E)TRs for the ICB are arranged by the Complex Care Business Support Team. This Complex Care is an all-ages team and is not broken down into adults and CYP. The staff count is 12 C(E)TR Chairs and 4 Business Support Administrators.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**